

JANUARY - MAY 2025

A GUIDE TO HAVING FUN IN MOBILE, ALABAMA

ACTIVITY GUIDE

MPRD KIDS | TEENS | SENIORS | FITNESS | COMMUNITY CENTERS & MORE!



VISIT US AT:
MOBILEPARKSANDREC.ORG



WELCOVE A Message from Kim Carmody Senior Director of Parks & Recreation

As we stand on the threshold of a new year, it is a natural time for reflection, allowing us to both celebrate our achievements and identify areas for growth. At Mobile Parks and Recreation, we have wholeheartedly embraced this spirit of renewal, and we are excited to announce our theme for 2025: Continued Growth! This theme resonates through our strategic planning and programming as we seek to foster an even more vibrant and engaging community.

In 2025, the embodiment of our growth will be prominently showcased through the introduction of innovative programming. We are thrilled to unveil our revamped STEM initiative, which will evolve into STREAM. This new program will not only retain the core elements of Science, Technology, Engineering, and Mathematics projects but will also weave in the enriching threads of Recreation and Art. By integrating these additional components, we aim to provide a more holistic approach to learning that caters to diverse interests and sparks creativity among participants.

Moreover, we are committed to enriching the experiences of our younger community members with an exciting lineup of themed and specialty camps designed specifically for MPRD Kids. These camps will be complemented by a comprehensive year-round offering of fitness programs and events suitable for individuals of all ages and skill levels, promoting health and wellness across the community. Our goal is to create inclusive spaces where everyone can thrive physically, mentally, and socially.

Lastly, we are enhancing community engagement in our beautiful City parks through initiatives such as the Adopt-A-Park & Leave-A-Mark project, which will provide residents with opportunities to actively contribute to maintaining and beautifying these cherished spaces. We are also thrilled to announce a series of clinics and events at our newly renovated pickleball courts, inviting players of all abilities to join in the fun, learn new skills, and foster connections.

With these exciting developments on the horizon, 2025 is poised to be a remarkable year of growth and opportunity for all involved with Mobile Parks and Recreation. We look forward to embarking on this journey together and creating lasting memories in our community!





VISION

FUN AND SAFE PLACES WHERE EVERYBODY IS **SOMEBODY**

MISSION

TO INCREASE THE SOCIAL, **EMOTIONAL AND PHYSICAL** WELL-BEING OF OUR **COMMUNITY BY PROVIDING DIVERSE ACTIVITIES IN** SECURE AND WELCOMING SPACES.

CORE **VALUES**

CUSTOMER SERVICE TEAMWORK DIVERSITY



MAYOR, CITY OF MOBILE: William S. Stimpson

EXEC. DIR. OF PUBLIC SERVICES: Shonnda R. Smith

SENIOR DIRECTOR OF PARKS & REC Kim Carmody

> **OPERATIONS MANAGER** Gerard W. McCants

SUPERINTENDENT OF RECREATION Shadrach Collins, Jr.

SUPERINTENDENT OF PARKS Daniel Otto

GOLF COURSE SUPERINTENDENT Brian Aaron

TENNIS CENTER GENERAL MANAGER Scott Novak

MOBILE CITY COUNCIL

Office: 251-208-7441

DISTRICT 1

Cory Penn council 1@cityofmobile.org

DISTRICT 2

William Carroll council2@cityofmobile.org

DISTRICT 3

Council President C.J. Small council3@cityofmobile.org

DISTRICT 4

Ben Reynolds council4@cityofmobile.org

DISTRICT 5

Joel Daves council5@cityofmobile.org

DISTRICT 6

Josh Woods council6@cityofmobile.org

DISTRICT 7

Council Vice President Gina Gregory council7@cityofmobile.org

MOBILE PARKS & REC HEADQUARTERS

48 N. Sage Ave. Mobile, AL 36607

MPRD ADVISORY **BOARD**

Hunter Whidden | President Herman Thomas | Vice President Catherine O'Keefe | Secretary

Michael Looney

Lorenzo Green

Alyson Cain

Sharon Poggi

Rodney Toomer

The ADA Liaison provides inclusion to individuals with disabilities and/or medical conditions who request modifications to participate in other Parks and Recreation programs.

The City of Mobile Parks and Recreation Department welcomes the participation of all individuals, including those with disabilities or special needs. We are committed to compliance with the ADA and provide reasonable modifications to facilitate program participation.

We request that modification requests are made three weeks in advance, so we can communicate and prepare appropriate modifications.

To request a modification or for more information, please contact us via email at mprdada@cityofmobile.org or at 251-208-6169.

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Just because school is out for the day doesn't mean that learning has to stop! Register your child for our Teacher Work Day or Holiday Break Mini-Camps where they will engage in activities that are both educational and fun. Themes vary per camp, yet the enrichment is just the same! Breakfast and lunch is provided.



TEACHER WORKDAY MINI CAMP: SPY CAMP

All Centers | \$10 Per Day | Ages 5-12 | Jan. 2 & 3 | 7:30am-4:30pm

Calling all secret agents! Join us for a 2-day STEM camp where kids will learn the science behind their favorite super sleuths. From cracking secret codes using cryptography to analyzing clues with forensic science, campers will enjoy a blend of activities that expose them to various STEM fields.

MARDI GRAS CAMP

All Centers | \$30 | Ages 5-12 | March 5-7 | 7:30am-4:30pm

Bring your throws and let's create new magic as we enjoy Mardi-Gras-themed arts and crafts activities! Pre-registration required; space is limited!

TEACHER WORKDAY MINI CAMP: ST. PATRICK'S DAY

All Centers | \$10 | Ages 5-12 | March 17 | 7:30am-4:30pm

Let the shenanigans begin! Camp participants will celebrate the luck of the Irish with games and activities for St. Patrick's Day. Pre-registration required; space is limited.

SPRING BREAK: JURASSIC ADVENTURE CAMP

All Centers | \$40 | Ages 5-12 | April 21-25 | 7:30am-4:30pm

Dino enthusiasts and future paleontologists will find no better fun this summer than at our Jurassic Adventure Camp! This fun and educational camp will be filled with hands-on activities, games, and lots of information about your child's favorite dinosaurs. Pre-registration required; space is limited!

COMMUNITY CENTERS

COMMUNITY CENTERS

Our MPRD Community Centers offer programming for residents of all ages, including a variety of free classes and events for fitness, music and art, as well as nutrition and after school services. Each center has its unique set of amenities including outdoor swimming pools, splash pads, and pickleball courts. Multipurpose rooms within the centers are also available for rentals. With 12 locations conveniently located around the city, you are sure to find value at a MPRD Community Center near you!

DOTCH COMMUNITY CENTER

Joseph C. Dotch Community Center 3100 Bank Avenue, Mobile, AL 36617 | (251) 452-9856 Hours: M-F | 8am – 8pm | 1st Saturday | 10am – 2pm Michael Garbutt | michael.garbutt@cityofmobile.org

FIGURES COMMUNITY CENTER

Michael A. Figures Community Center 658 Donald Street, Mobile, AL 36617 | (251) 452-4052 Hours: M-F | 11am - 8pm Yolanda Turner | yolanda.turner@cityofmobile.org

HARMON-THOMAS COMMUNITY CENTER

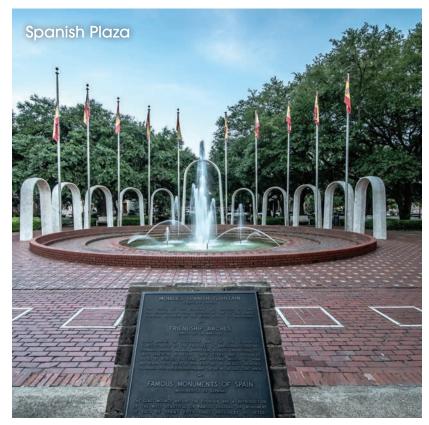
1611 Belfast Street, Mobile, AL 36605 | (251) 287-1140 Hours: M-F | 9am - 8pm Leslie Pettaway | leslie.pettaway@cityofmobile.org

HILLSDALE COMMUNITY CENTER

558 East Felhorn Road, Mobile, AL 36608 | (251) 344-0341 Hours: M-F | 9am - 8pm | 3rd Saturday | 10am - 2pm Rhonda McDaniel | rhonda.mcdaniel@cityofmobile.org

HOPE COMMUNITY CENTER

Robert L. Hope Community Center 850 Edwards Street, Mobile, AL 36610 | (251) 456-7639 Hours: M-F | 11am - 8pm Tanya Gullett | tanya.gullett@cityofmobile.org





LAUN NEIGHBORHOOD CENTER

5401 Windmill Drive, Mobile, AL 36693 | (251) 661-6541 Hours: M-F | 11am - 8pm Roderick Cunningham | roderick.cunningham@cityofmobile.org

LAVRETTA ART & CULTURE CENTER

200 Parkway Drive W, Mobile, AL 36608 | (251) 460-2421 Hours: M-F | 11am - 8pm Lee Callaghan | lee.callaghan@cityofmobile.org

NEWHOUSE TEEN CENTER

2960 Alston Drive, Mobile, AL 36605 | (251) 470-7753 Hours: M-F | 11am - 8pm LaTerria Johnson | laterria.johnson@cityofmobile.org

RICKARBY NEIGHBORHOOD CENTER

550 Rickarby Street, Mobile, AL 36606 | (251) 725-0704 Hours: M-F | 11am – 8pm Jackie Simmons McMillian | jacqueline.simmons@cityofmobile.org

SEALS COMMUNITY CENTER

James M. Seals, Jr. Community Center 540 Texas Street, Mobile, AL 36603 | (251) 438-7498 Hours: M-F | 8am – 8pm | 2nd Saturday | 10am – 2pm Lashandra Barnes | lashandra.barnes@cityofmobile.org

SPRINGHILL COMMUNITY CENTER

1151 Springhill Avenue, Mobile, AL 36604 | (251) 217-7991 Hours: M-F | 7:30am – 8pm Marcus Harden | marcus.harden@cityofmobile.org

STOTTS NEIGHBORHOOD CENTER

Sam Stotts Neighborhood Center 2150 N Demetropolis Road, Mobile, AL 36693 | (251) 666-4955 Hours: M-F | 11am – 8pm Woodrow Cannon | woody.cannon@cityofmobile.org

SULLIVAN COMMUNITY CENTER

Thomas Sullivan Community Center 351 N Catherine Street, Mobile, AL 36603 | (251) 438-7282 Hours: M-F | 9am – 8pm Joshua Pruitt | joshua.pruitt@cityofmobile.org

& FACILITIES



SENIOR CENTERS

Today's older Americans are healthier overall and living independently longer, and we are proud to offer three locations where residents ages 55 and older can come and enjoy quality time and relevant programming with their peers. Senior Active Independent Living (S.A.I.L.) programming is also available at Hillsdale Community Center and Thomas Sullivan Community Center.

CONNIE HUDSON MOBILE REGIONAL SENIOR CENTER

3201 Hillcrest Road, Mobile, AL 36695 (251) 208-6171 Hours: M-F | 7:30am - 5:30pm Carl Lewis | cl.lewis@cityofmobile.org Follow us on Facebook @CHMRSCC

PARKWAY SENIOR CENTER

1600 Boykin Blvd., Mobile, AL 36605 | (251) 471-2503 Hours: M-F | 7:30am - 5:30pm Ashlyn Black | ashlyn.black@cityofmobile.org Follow us on Facebook @ParkwaySeniors

TRICKSEY SENIOR CENTER

3055 Bank Avenue, Mobile, AL 36617 (251) 456-6690 Hours: M-F | 9am - 3pm Cassandra Pettway | cpettway@cityofmobile.org

SPORT CENTERS

Whether you like to swing a golf club, a tennis racket, or even swing from the uneven bars, we have you covered at our three specialty sports and athletics centers. Private and group lessons are offered for both children and adults, and our golf course and tennis centers are sites to some of the most popular tournaments in the country. Follow each site on Facebook to stay up to date with program offerings!

AZALEA CITY GOLF COURSE

1000 Gaillard Dr, Mobile, AL 36608 | (251) 208-5150 Hours: M-Su | 6:30am - 6pm Brian Aaron | aaron@cityofmobile.org
Follow us on Facebook @AzaleaCityGolfCourse

MOBILE TENNIS CENTER

851 Gaillard Drive, Mobile, AL 36608 | (251) 208-5181 Hours: M-Th | 8am - 9pm | F-Sa | 8am - 5pm Scott Novak | scott.novak@cityofmobile.org Follow us on Facebook & Instagram @mobiletenniscenter

COTTAGE HILL GYMNASTICS CENTER

1711 Hillcrest Road, Mobile, AL 36695 | (251) 367-6182 Hours: M-Th | 9am - 7pm | F | 9:30 - 12:30pm | S | 9am - 12pm Tonya Carroll | tonya.carroll@cityofmobile.org | 251-529-6829 Follow us on Facebook @cottage.hill.gymnastics.center



DINING OPTIONS

Hungry? Stop by one of our dining facilities for breakfast and lunch! Don't let the locations fool you. These facilities are open to the public and offer delicious menu options for all palettes.

AZALEA CITY GRILL

1000 Gaillard Dr, Mobile, AL 36608 | (251) 208-5157 Hours: M-Su | 7am - 3pm

GRACE CAFE AT CONNIE HUDSON SENIOR CENTER

3201 Hillcrest Road, Mobile, AL 36695 | (251) 208-6171 Hours: M-F | 8am - 2pm

MARTIN LUTHER KING JR. DAY

Monday, January 20

MARDI GRAS

Monday, March 3 and Tuesday, March 4

MEMORIAL DAY

Monday, May 26

MPRD PRODUCTIONS

UP NEXT IN MOBILE...

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RECREATION PROGRAM SUPERVISOR

LaNisha Penn

lanisha.penn@cityofmobile.org (251) 208-1652

CRICUT CRAFTS 101

This class is for those who are new to the Cricut machine. You will learn the basics of the machine and its software, and create small projects in class. Offered at four MPRD Community Centers, listed below.

Figures | Free | Ages 13+ T|1/7-5/20|5-7pm

Instructor: Claudia Williams

Hillsdale | Free | Ages 13+ W|1/8-5/21|5-6pm

Instructor: Destiny Hale

Laun | Free | Ages 13+ T/Th | 1/7-5/22 | 4 - 6pm

Instructor: Dorothy Smith

Hope | Free | Ages 13+ M | 1/6-5/19 | 4:30 - 5:30pm

Instructor: Tanya Gullett

KNIT-FOR-A-BIT

Harmon-Thomas | Free | Ages 18+ M | 1/6-5/19 | 10:15 - 11:15am

Enjoy beginner-level knitting while increasing mental, physical and emotional well-being. Instructors: Leslie Pettaway + Heidi Hanchey

HOPE QUILTERS

Hope | Free | Ages 18+ T/F | 1/3-5/23 | 11:30am - 2:30pm

Explore the traditional patchwork quilting design and give it something new! Join us as we use the resourcefulness of quilters before us to create new fabric designs with a modern aesthetic. Instructor: Tanya Gullett

CRAFTY CROCHET

Hope | Free | Ages 18+ Th | 1/2-5/22 | 11:30am - 2:30pm

Crochet your stress away and socialize with others that love the art of crocheting. Create handmade gifts for friends and family! Participants must bring their own yarn, crochet needle, scissors and yarn needle. Instructor: Tanya Gullett

SEWING FOR BEGINNERS

Laun | Free | Ages 13+ M/W | 1/6-5/21 | 5:30 - 6:30pm

Learn the basic functions of a sewing machine and get comfortable with straight stitching. Supplies and equipment will be provided. Instructor: Dorothy Smith

COMPUTER COMPANION

Sullivan | Free | Ages 18+ M | 1/6-5/19 | 11am - 12pm

This is a broad class covering different types of computing devices, from desktops to smart phones. Participants will learn computer basics and find answers to issues regarding their smart devices and gaming consoles. Instructor: Adam Jackson

BEGINNER COMPUTER

Rickarby | Free | Ages 14+ W | 1/8-5/21 | 3:30 - 4:30pm

This class is ideal for those who would like to learn the basics of navigating the internet and other computer operations. You will also have practice in learning how to create a resume. Essential skills in this ever changing world! Instructor: Linda Carter

E-SPORTS LOUNGE

Sullivan | Free | Ages 5-18 M|1/6-5/19|5-6pm

E-Sports is a gaming program for participants of all skill levels to play casually or competitively on Xbox, PlayStation or a PC. Instructor: Adam Jackson

SIGN LANGUAGE FOR **BEGINNERS**

Hillsdale | Free | Ages 9+ M/W | 1/6-5/21 | 5:30 - 6:30pm

If you have ever wanted to learn sign language, this free class is just for you! Students will be introduced to American Sign Language, finger spelling, basic sign vocabulary, and understanding deafness. Instructor: Miesha Gable

OUR STORIES

Figures | Free | Ages 15+ M | 1/13, 2/10, 3/10, 4/14, 5/12

4 - 5pm

Our Stories is a mentoring program that provides motivation, financial preparation, job skills, and educational programs to help young

COMMUNITY CLASSES & CLUBS

people develop life skills and make healthy choices in their every day life. Instructor: Yolanda Turner

DISRUPSHUN SERVICE ORGANIZATION

Hope | Free | Ages 13-19 T/Th | 1/7-5/22 | 5:30 - 7:30pm

This program is a service organization designed for young ladies and gentleman ages 13-19, exclusively for educational and charitable purposes. For more information, contact Miss Walker at (251) 610-9427. Instructor: Carla Walker



) FREESTYLE FENCING

Springhill | \$40/4 wks | Ages 9+

W | 1/8-5/21 | 6 - 7pm

Students learn basic blocks, fencing terms, and stances for mock duels and learn the art of fencing! For more information, please visit mprd.recdeck.com.

Instructor: Shari Prestwood

TABLE TENNIS CLUB

Hillsdale | Free | Ages 18+ M/W | 1/6-5/21 | 5:45 - 7:45pm

Coach Ho helps players hone skills for Table Tennis so they can practice and play. Instructor: Jacob Younce + Mike Ho

HOPE CHEF CLUB | NEW!

Hope | Free | Ages 6+ Every 2nd W | 1/8, 2/12, 3/12, 4/9, 5/14 | 4 - 5:30pm

Unleash your inner CHEF while learning new skills, such as food presentation techniques. A great opportunity for socializing and building confidence! Recipes listed below:

January: Healthy pizza and warm cider **February:** Pralines and fruit parfaits

March: Śuper foods salad April: Cinnamon rolls May: One-pot spring pasta



Saturday, April 5 | 10am-1pm Medal of Honor Park, 1711 Hillcrest Rd.

Join us for a fun-filled day of opportunities! Volunteer Fest is a celebration of service, connecting individuals and families with local organizations and projects that make a difference in the City of Mobile.











MUSIC, ARTS & CULTURE

ART ACTIVITIES SPECIALIST

Lee Callaghan

lee.callaghan@cityofmobile.org (251) 460-2421

MUSIC ACTIVITIES SPECIALIST

James Gulley

james.gulley@cityofmobile.org (251) 208-1675



WOODWINDS

Figures | \$45/4wks | Ages 12+ M | 1/6-5/19|5 - 6:30pm

Aspiring musicians can get instruction in brass or woodwind instruments. Lessons will be provided on clarinet, flute, saxophone, trumpet, trombone, etc. Call 251-422-4009 for more information or to register. Instructor: Theodore Arthur



Dotch | \$45/4 wks | Ages 7+ T | 1/7-5/20 | 5:30 - 7:30PM Springhill | \$45/4 wks | Ages 7+ Th | 1/2-5/22 | 5 - 6:30pm

Rhythm and theory, finger exercises, scales and chords are just a few accompaniments to all the fun songs you will learn from one of Mobile's living legends. Call 251-422-4009 for more information and to register.



PIANO

Dotch | \$45/4 wks | Ages 7+

W | 1/8-5/21 | 5:30-7:30pm

Rhythm and theory, finger exercises, scales and chords are just a few accompaniments will learn from one of Mobile's Living Legends. Call 251-422-4009 for more information and to register. Instructor: Theodore Arthur Jr.



M.A.A.D. HAND DRUMMING

Hope | Free | Ages 18+ T | 1/7-5/20 | 6 - 7pm

Join us as we explore the ways in which African, Afro-Caribbean and African American rhythms and cultures have influenced today's music. Instructor: Wayne Curtis

LIFT EVERY VOICE: LET'S SING FOR SENIORS | NEW!

Parkway | M | 1/6-5/19 | 9:30 - 10:30am Sullivan | M | 1/6-5/19: 12 - 1pm Tricksey | W | 1/8-5/21 | 12 - 1pm Hillsdale | Th | 1/2-5/22 | 12:30-1:30pm Connie Hudson | F | 1/3-5/23 | 9 - 10am



Harmon | F | 1/3-5/23 | 11am - 12pm Various | Free | Ages 50+

Join us for an exciting opportunity during the day as you learn different music, vocal techniques and having a great time lifting your voices in perfect harmony. See schedule and

times below. Instructor: James Gulley

MPRD MUSIC & ART STUDIOS NEW!

Lavretta | Free | 8+ Th | 1 /2-5/22 | 3:30 - 5pm

Come with us as our Music and Arts Specialists join forces to present to you an exciting line up of activities designed to help uncover hidden treasures deep within. During this unique collaboration, participants will create an album, from composition to vocal recording, then perform it live before an audience. Upon completion of the class, participants will also receive a physical copy of the their song, complete with album art designed by them.

Instructors: James Gulley & Lee Callaghan

THE AWESOME WONDERS OF PIANO & VOICE

Sullivan | M | 1/6-5/19 | 5 - 6pm Laun | F | 1/3-5/23 | 3 - 4pm Various | Free | 8+

La la la! Do you wish to sing like an angel and play the piano like a pro? Well come discover the many wonders of the voice and piano. Also, come learn some simple techniques that are a part of singing and playing the piano. You will love this class if music is your thing. When you leave this class, you will never stop singing!

Instructor: James Gulley

SHAKE THAT TAMBOURINE, LET'S GROOVE I NEW!

Seals | Free | Ages 8+ T | 1/7-5/20 | 5:30 - 6:30pm

The tambourine is the instrument of joy. Enjoy a fun an electrifying class as we learn the skills of playing the tambourine, and groove as we move our feet to the beat. Instructor: James Gulley

ADULT PAINT NIGHT

Lavretta | Free | Ages 18+ F | 1/10-2/7, 3/28-4/11 5/2-5/16 | 6 - 8pm

Relaxed sessions painting with friends. What better way to start the weekend? Bring your own supplies or use what we have available. Instructor: Lee Callaghan

WEDNESDAY WANDERS

Harmon-Thomas | Free | Ages 18+ W | 1/8-5/21 | 10am - 12pm

Put on your walking shoes and join us for our weekly excursions. A great way to improve social skills, exposure and cultural growth. Instructor: Leslie Pettaway



MUSIC, ARTS & CULTURE ACTIVITY GUIDE | 11

READY SET GO!

Figures | Free | Ages 18+

Th | 1/2-5/22 | 6 - 7pm Participants will identify cities, countries, states and other locations of interest to them and plan a travel itinerary. Instructor: Cheryl Turk

CULTURES OF THE WORLD

Harmon-Thomas | Free | Ages 18+ T|1/14, 2/11, 3/11, 4/8, 5/6 10am - 12pm

Celebrate the many cultures of our world. We will meet every three weeks to learn about festivities taking place in other countries. Be prepared to get creative and be entertained. Instructor: Lee Callaghan

AFRICAN AMERICANS & LABOR: BLACK HISTORY CELEBRATION

Hope | Free | All Ages F | 2/7 | 9am - 5pm

The theme for Black History Month 2025 is "African Americans and Labor", focusing on the various ways that work and labor have intersected with the collective experiences of Black people. Join us at Hope Community Center where we will honor this theme with a full day of activities including a career fair and creating vision boards. More details to come!



COMMUNITY GLOW NIGHT

Lavretta | Free | All Ages F|3/21|6-8pm

Come immerse yourselves in the diverse cultures represented throughout the city of Mobile. Enjoy displays of authentic artifacts, traditional dance and music performances, and a colorful parade of flags...all under the warm glow of multicolored lights! Join us as we celebrate "One Mobile"!

WINTER-SPRING MUSIC & ART **SHOWCASE**

Hillsdale | Free | All Ages Th | 5/15 | 6 - 7:30pm

Join us for this grand occasion that puts a spotlight on all those that participated in the music and art programs during the Winter-Spring session. Family and friends are invited to experience all that the students have



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RECREATION PROGRAM SUPERVISOR

LaNisha Penn

lanisha.penn@cityofmobile.org (251) 208-1652

STREAM PROGRAM COORDINATOR

Haleigh Spragg

haleigh.spragg@cityofmobile.org (251) 208-1652

AFTER SCHOOL NUTRITION PROGRAM

All Centers | Free | Ages 2-18 M-F | 1/2-5/23 | 3 - 4pm

The free after school nutrition operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

MPRD AFTER SCHOOL ALL-STARS PROGRAM

All Centers | Free | Ages 5-13 M-Th | 1/2-5/22 | 3 - 7:30pm

MPRDKids' free after school programs for elementary and middle-school aged youth includes activities related to academic enrichment, health and fitness.

LIGHT OF THE VILLAGE AFTER-SCHOOL PROGRAM

Figures | Free | Ages 5-14

M|1/6-5/19|3-5pm

The Light of the Village After School Program provides free after-school care for at-risk children in high-crime, low-income areas. The After School Program consists of music, games, crafts, snacks/meals, tutoring, homework help, and an interactive Bible study.

PRESCHOOL STORY TIME & CRAFT

Lavretta | Free | Ages 3-5 Th | 1/16-5/1 (No class 3/6, 3/20, 4/24) 11am - 12:30pm

In this program, preschool aged children, accompanied by their parents, will be read a story followed by a corresponding craft. This is a great artistic outlet to develop your little ones' love for books!

Instructor: Lee Callaghan

PINE CONE CRAFT ACTIVITIES

Rickarby | Free | Ages 4+ T/Th | 1/2-5/22 | 11am - 12:30pm & 4:30 - 5:30pm

During this class, participants will learn how to make swag, door wreaths, table centerpieces with candle holders and door garlands. All great gifts to share!

Înstructor: Jackie McMillian + Eulanda Wilson

SHAKE, RATTLE, AND READ

Harmon-Thomas | Free | Ages 5-10 Th | 1/2-5/22 | 3 - 4pm

Youth will enjoy the twist and unique sensory approach as they shake, rattle and read their way through classic nursery rhymes. Instructor: James Gulley

TOTS NEED RECREATION, TOO!

Seals | Free | Ages 3-5 M-F | 1/2-5/23 | 8am - 12pm

Bring your tots out for a day of fun and laughter! They will enjoy coloring, singing, dancing, plus practice learning the alphabet, numbers and writing their names. Registration is required.

Instructor: LaShandra Barnes

PAINTING ON CANVAS

Figures | Free | Ages 8-12 W | 1/8-5/21 | 6:15 - 7pm

Join us to creatively express your thoughts and ideas in a relaxed setting. Supplies will be provided. Instructor: Frank Spraglin

MARDI GRAS PORCH PARADE: FLORAL EDITION

Lavretta | Free | Ages 13+ T | 1/7-2/11 | 5 - 7pm

One of a kind class to teach teens the techniques used to create the giant flowers that don Mardi Gras floats. Finished products will be displayed outside the Lavretta Arts and Culture Center until after Mardi Gras. Instructor: Lee Callaghan

FOLLOW US ON SOCIAL MEDIA!

🕜 @MOBILEPARKSANDREC 🎯

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EXPLORE AFRICA

Hope | Free | Ages 6-14 W | 1/8-5/7 (No class 3/5, 3/19, 4/23) 3:30 - 5pm

Africa is an expansive, majestic continent home to unique and divers plant and animal species as well as many natural and man made wonders. Using various art activities, this fun class offers a great way to learn about and develop love for this enormous land. Instructor: Lee Callaghan

HEALTH AND NUTRITION FOR CHILDREN

Laun | Free | Ages 6+ M/W | 1/6-5/21 | 4 - 5pm

Provides kids with correct information on the nutritional value of foods and eating to help them make the best choice of foods for an adequate diet.

Instructor: Roderick Cunningham

COMMUNITY BICYCLE DEVELOPMENT

Rickarby | Free | Ages 4+ M/W | 1/6-5/21 | 4 - 4:45pm

The purpose of this afternoon program is to teach young participants how to fix a flat, change a tire and put air in a tire.
Instructors: Jackie McMillian + Eulanda Wilson

LEGO CLUB

Seals | Free | Ages 5+ W | 1/8-5/21 | 5 - 6pm

Explore your creative side! Join us as we create unique masterpieces with Lego blocks. A fun activity that also improves focus and awareness! Instructor: LaShandra Barnes

CARING CLUB

Lavretta | Free | Ages 6-14 M | 1/13, 2/3, 2/17, 3/10, 3/31 3:30 - 5pm

This club keeps our park clean and inviting with beautification, gardening and craft activities. Parental involvement is encouraged. Instructor: Lee Callaghan.

WORLD EXPLORERS

Lavretta | Free | Ages 6-14 M | 1/6, 1/27, 2/10, 2/24, 3/24, 4/7, 4/28 | 3:30 - 5pm

In this class, children will explore customs and art forms from all around the world, inspiring their awareness of geography, history and other cultures! They should be prepared for a variety of experiences to enrich their young minds. Instructor: Lee Callaghan





THE BLAZING GEMS CHEER AND DANCE

Hillsdale | Free | Ages 8-16 T/Th | 1/2-5/22 | 5:30 - 7pm

We have combined the precision of cheer with the art of HBCU dance to create a dynamic experience that is both fun and age-appropriate. Learning is free; however there are fees for the Exhibition Squad. Please contact Coach Demi at (251) 423-7464 for more info. Instructors: Demi Harmon and Charlise Dixon

STREAM SATURDAYS

Select Centers | Free | Grades K-12 S | 3/15, 4/19, 5/23 | 9 - 11am

This unique partnership between STEM Mobile and Mobile Parks and Recreation is one of our most popular programs. With interactive sessions covering diverse areas of science, technology, engineering and mathematics, young learners are rewarded with opportunities to expand their imagination and creativity, while tapping into inner passions that further fuel their desire to learn. Visit www. stemmobile.org for more information.



SCOUTING AMERICA NEW!

Harmon-Thomas | Free | Ages 5-12 M | 1/6-5/19 | 3 - 4pm

Scouting America builds on the organization's 114 years of helping America's youth. Its ongoing goal is to provide young people with a safe environment where they can learn meaningful life skills and have fun, educational experiences, fostering their growth and future outcomes as leaders, and be prepared for life.

SPRING EGG HUNT

Stotts Park Free | Ages 12 and under S | 4/12 | 10am - 12:30pm

Be sure to join us for this family friendly event at Medal of Honor Park that includes ageappropriate egg hunts, visits with the Easter Bunny, a variety of craft vendors, arts and crafts activities, food trucks, entertainment and so much more!



MARDI GRAS PARADE AND BALL Lavretta | Free | Ages 6-14

F | 2/21 | 4 - 6pm
Join us for the 4th annual World Explorers
Mardi Gras Walking Parade. You might just
catch something; bring a sign to increase your
chances! You're then invited to watch callouts
at our 2nd Mardi Gras Ball. Be sure to bring your
dancing shoes as we celebrate the start of the
ultimate carnival weekend.

HOLI FESTIVAL

Lavretta | Free | Ages 6-14 F | 3/14 | 3:30 - 5:30pm

Celebration of spring, color, & love, Holi is observed by people all over the world. Originating from Hinduism, it has become a tradition for people of all faiths. Come together to embrace positive over negative, celebrate good over evil, & enjoy fellowship with friends, both old & new. As is custom, we will fill the sky with color! Wear white/light colors.

SONGKRAN WATER CELEBRATION

Lavretta | Free | Ages 6-14 M | 4/14 | 3:30 - 5:30pm

For the 4th year in a row, we will observe the Thai New Year with a Songkran water festival. Join us as we complete a craft and share water blessings with each other. Then let the frivolity begin as a full fledged, fun-loving water fight ensues.



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CAMP LIFE

TEACHER WORK DAY MINI-CAMPS

Just because school is out for the day, it doesn't mean that learning has to stop.
Register your child for our Teacher Work Day Mini-Camps where they will engage in activities that are both educational and fun! Themes vary per camp, yet the enrichment is just the same! Breakfast and lunch is provided.

TEACHER WORK DAY MINI-CAMP: SPY CAMP

All Centers | \$10 | Ages 5-12 Th-F | 1/2 - 1/3 | 7:30am - 4:30pm

Calling all secret agents! Join us for a 2-day STEM camp where kids will learn the science behind their favorite super sleuths. From cracking secret codes using cryptography to analyzing clues with forensic science, campers will enjoy a blend of activities that expose them to various STEM fields.

MARDI GRAS CAMP

All Centers | \$30 | Ages 5-12 W-F | 3/5 - 3/7 | 7:30am - 4:30pm

Bring your throws and let's create new magic as we enjoy Mardi-Gras-themed arts and crafts activities! Pre-registration required; space is limited!



SCAN THE QR CODE TO SIGN UP TODAY!

TEACHER WORK DAY MINI-CAMP

All Centers | \$10 | Ages 5-12 M | 3/17 | 7:30am - 4:30pm

Our Teacher Workday mini camp provides fun activities, time to connect, and opportunities to make new friends while out of school! Fee is \$10. Pre-registration required; space is limited!

SPRING BREAK - JURASSIC ADVENTURE CAMP

All Centers | \$35 | Ages 5-12 M-F | 4/21 - 4/25 | 7:30am - 4:30pm

Dino enthusiasts and future paleontologists will find no better fun this summer than at our Jurassic Adventure Camp! This fun and educational camp will be filled with hands-on activities, games, and lots of information about your child's favorite dinosaurs. Preregistration required; space is limited!

COMING SOON

SPACE CAMP

Lavretta Art & Culture Center \$150 | Ages 5-12

M-F | 6/9 - 6/13 | 7:30am - 4:30pm

Get ready for an out-of-this-world time at MPRD's Space Camp! Kids will explore the wonders of space through fun, hands-on activities in astronomy and physics that will broaden their understanding of STEM topics. On Friday, kids will be able to attend a field trip to NASA's Infinity Science Center in Pearlington, MS, where they can see space craft up close! Pre-registration required; space is limited!

MUSIC CAMP

Laun | \$75 | Ages 5-12 M-F | 6/16 - 6/20 | 8am - 12pm

Enjoy a magical summer of music, laughter, and discovery at our Music Camp tailored for little maestros aged 5-12! This camp is a delightful blend of games, songs, instruments, singing, crafts, and interactive activities designed to help kids enjoy music, develop essential music-readiness skills, and express themselves creatively. Pre-registration required: space is limited!

CURTAIN CALL DRAMA CAMP

Figures | \$150 | Ages 5-12

M-F | 7/7 - 7/11 | 7:30am - 4:30pm

Put your child in the spot light at our Curtain Call Drama Camp! Learn the fundamentals of acting through playful theatre exercises that will develop their improvisation and acting skills. Whether they dream of being a Broadway star or just want to try something new, this camp is the perfect introduction to the dramatic arts! Pre-registration required; space is limited!

ART EXPLORATION CAMP

Lavretta Art & Culture Center \$150 | Ages 5-12

M-F | 7/14 - 7/18 | 7:30am - 4:30pm

Unleash your child's creativity at our Art Exploration Camp! They'll explore different art forms, learn about famous artists, and make their own masterpieces as they bring their imagination to life! Pre-registration required; space is limited!

MPRD KIDS ACTIVITY GUIDE | 15





TEEN MENTOR COORDINATOR

Phelon Carter

Phelon.carter@cityofmobile.org (251) 208-1634

ASSISTANT TEEN MENTOR COORDINATOR

Macaiah Beck

Macaiah.beck@cityofmobile.org (251) 208-1623

NEW YEAR BASH

Innovation Portal | Free | Ages 15-18 S | 1 /4 | 6:30 - 9pm

Get ready to kick off the new year with an exciting old versus new school DJ battle! Witness incredible performances from talented DJs, free food (while it last), and more! This is an event you don't want to miss!

HUMP DAY HANGOUT

Join the MPRD Breakthrough Teens on select Wednesdays of each month as they take you around to the hottest spots in the city for fun, games and socializing! These free events are perfect for ages 13-18. Pull out your social calendars and save the dates below!

Bowlero Bowling Alley W | 1/29 | 4:30 - 7:30pm

Poetry and Paint W | 2/26 | 4:30 - 7:30pm

Intergenerational Field Day W | 3/5 | 10am - 12pm

Movie Night W | 4/2 | 4:30 - 7:30pm

BREAKTHROUGH C.A.F.E. FINALE EVENT

Springhill | Free | Ages 16-20 Th | 2/13 | 6 - 7:30pm

Th | 2/13 | 6 - 7:30pm
C.A.F.E stands for "College Ain't For Everyone".
Join us for one last hurrah as Breakthrough
Teens hosts the grand finale of the
Breakthrough Café! We're excited to conclude
our program with a special Career Fair and
Financial Literacy segment. This will give all
teens and young adults the opportunity to get
a great start on their careers.

BREAKTHROUGH FASHION SHOW

Mardi Gras Park | Free | Ages 13-19 S | 3/22 | 5 - 8pm

If you're looking for a fun and engaging event, then don't miss the MPRD Breakthrough Teens fashion show. Come and support local businesses while enjoying some amazing fashion on the runway. The event will also feature a variety of vendors selling other products, and delicious food and mocktails will be available to enjoy. Remember to dress to impress, as there will be surprise brands in attendance. This is an event that you definitely don't want to miss!

VENDOR CALL: If you are a teenager or a young adult aged between 13 to 24 and own a small business in Mobile, you have the opportunity to become a vendor for the show. Whether

you sell clothes, accessories, food, makeup, or any other items, this is an excellent chance to showcase your talent and products to the world. Register to become a vendor at mprdrecdesk.com

SPRING BREAK BASH

Hillsdale | Free | Ages 13-19 M | 4/21 | 5 - 8pm

Join Breakthrough Teens for an exciting spring break event! We are thrilled to announce a FREE Spring Break Bash marking the official kickoff of Spring Break. Enjoy a day filled with fun activities, including water slides, complimentary food and drinks, slip & slide kickball, and much more! Get ready for a fantastic time filled with good vibes and water fun!

COLLEGE TOURS

Sage | \$10 | Ages 13-19 W | 4/23 | 7am - 5pm

Breakthrough Teens is excited to announce our annual Spring College Tour, an enriching opportunity for local high school juniors and seniors to explore higher education possibilities! This tour offers students the chance to visit a variety of esteemed colleges and universities, engage with admissions representatives, and experience campus life firsthand. Participants will gain valuable insights into academic programs, extracurricular activities, and the overall college environment. Join us on this inspiring journey to help shape your future and ignite your academic aspirations! Register today for only \$10 at mprd.recdesk.com

16 | ACTIVITY GUIDE BREAKTHROUGH TEENS

ONE LOVE BLOCK PARTY

Langan Park | Free | All ages S | 5/3 | 4 - 7pm

S | 5/3 | 4 - 7pm
Get ready for an unforgettable evening as One Love Block Party returns bigger and better than ever! Enjoy live performances, delicious food from a variety of food trucks, horse back riding, a talented character artist, and more!. In addition to the fun, we will also offer wraparound services providing helpful resources to support our community. Don't miss out on this incredible event – we hope to see you there and make this year's block party the best one yet!

GLOW IN THE DARK POOL PARTY

Hillsdale | Free | Ages 13-19 S | 5/24 | 8 - 10pm

Get ready to dive into summer with a splash! Breakthrough Teens is excited to host an epic Glow-in-the-Dark Pool Party to kick off the season. Enjoy free food and drinks, dance to the beats of a live DJ, and experience the magic of glowing under the stars. Don't miss out on this electrifying event—come make memories that will shine all summer long!









Movies Begin

T Dusk

LAWN CHAIRS & BLANKETS

ARE WELCOME!

NO GLASS BOTTLES ALLOWED.





HEART TO HEART TEENS (FOR GIRLS) | NEW!

Harmon-Thomas | Free | Ages 12-18 W | 1/8-5/7 | 3:30 - 4:30pm

What is on your mind? What is in your heart? Teen girls will learn to expand communication and interpersonal skills through music, art, and family activities. Female parents or guardian are invited to attend.

Instructor: Leslie Pettaway

SMALL CHOICES EQUAL BIG RESULTS (FOR BOYS) | NEW!

Harmon-Thomas | Free | Ages 12-18 W | 1/8-5/7 | 3:30 - 4:30pm

In this class, participants will learn how their daily choices effect their lives. An open-ended discussion will allow teen boys and their mentors to talk about subjects affecting teen boys today.

Instructor: Eric Battle

OPERATION LIFESAVER | NEW!

Harmon-Thomas | Free | Ages 12-18 Th | 1/9-5/8 | 3:45 - 4:45pm In this class we will discuss the responsibilities

In this class we will discuss the responsibilities of controlling your emotions, as well as controlling the thoughts that will lead to picking up a gun or making other unwise decisions. Instructor: Eric Battle



BREAKTHROUGH TEENS ACTIVITY GUIDE | 17

AQUATICS

AQUATICS PROGRAM **SUPERVISOR**

Derrick Tinsley

derrick.tinsley@cityofmobile.org (251) 208-1651

SPLASH PAD LOCATIONS **OPENING APRIL 12, 2025!**

With seven locations throughout the city, you are sure to find a splash pad location near you to cool off during the upcoming hot Summer months. Splash pads are open Monday through Sunday from 10am until 6pm, and are operated either by push button, a motion-sensor, or electronic timer.

Medal of Honor Park

1711 Hillcrest Road, Mobile, AL 36695 Operated by: Sensor-Activated

McCants-Chavers Park

7215 13th Street, Mobile, AL 36608 Operated by: Push Button

Seals Park & Community Center

540 Texas Street, Mobile, AL 36603 Operated by: Push Button

Tricentennial Park

2121 Bragg Avenue, Mobile, AL 36617 Operated by: Push Button

Thomas Sullivan Community Center 351 N. Catherine Street, Mobile, AL 36603

Operated by: Timer

Baumhauer-Randle Park

1909 Duval Street, Mobile, AL 36606 Operated by: Motion Sensor-Activated

Public Safety Memorial Park

2301 Airport Blvd., Mobile, AL 36606 Operated by: Push Button

NEW SPLASH PADS COMING SOON!

Laun Park **Crawford Murphy Park**



DOTCH COMMUNITY CENTER

10AM - NOON

SUBMIT ARTWORK MARCH 1-31



QUESTIONS?

CONTACT LADARREL BELL

251-208-1252 | LADARREL.BELL@CITYOFMOBILE.ORG

SWIMMING POOL LOCATIONS

We have four MPRD swimming pools located at or near community centers in Toulminville, Trinity Gardens, Hillsdale and Africatown. All locations, open Monday through Saturday from 10am until 6pm are clean, safe and inviting for residents from all over the city. Swimming pools will open Memorial Day weekend and remain open until the end of September 2025. Swim lessons will begin in June 2025.

Dotch Park & Community Center 3100 Bank Avenue, Mobile, AL 36617

Figures Park & Community Center 658 Donald Street, Mobile, AL 36617

Hillsdale Park & Community Center 558 Felhorn Road East, Mobile, ÅL 36608

John Kidd Park

800 East Street, Mobile, AL 36610



18 I ACTIVITY GUIDE **AQUATICS**









Scan the QR code to see event times and more!















JANUARY 3	The Biggest Loser Health & Wellness Fair Kickoff	Springhill Recreation Center
FEBRUARY 2	Tour De Gras	Mardi Gras Park
FEBRUARY 3	Healthy Heart Expo	Springhill Recreation Center
MARCH 22	Carnival Fitness	Seals Community Center

MARCH 29	Senior Olympics	McNally Park
APRIL 26	Lope the Loop	The Ice Box Bar

	100 Alabama Miles	
MAY 23 & 24	Gulf Coast Fitness Palooza	Mardi Gras Park

JUNE 7 & 8	MPRD NFL Flag	Sage Park
	Combine & Showcase	

JUNE 14	Global Wellness Day	Cathedral	Square
	LLS Yoga Fest		

JULY 12 MP	PRD Kids Cycling	Classic	Langan	Park
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AUGUST 8	Dancing for	Diversity	Cathedral	Square
	Community	Dance O	ff	

SEPTEMBER 6	Hero Climb	Ladd-Peebles Stadium
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SEPTEMBER 21	Health & Wellness Pet	Medal	of Honor	Park
	Walk & Dog Showcase			

OCTOBER 25	Zombies, Ghouls & GhostTBA
	Fun Run Mobtober Fest

NOVEMBER 3	Maintain Don't GainSpringhill Recreation Center
	Healthy Holiday Expo

NOVEMBER 22	5k Under	The BayMardi	Gras Park	Bank Head	Tunnel
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DECEMBER 6	Santa's Little HelperSpring Hill Recreation Center
	All-City Bootcamp



ATHLETIC PROGRAM SUPERVISOR

Marcus Fluker

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SPORTS COORDINATOR

Dorothy Williams

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YOUTH SPORTS COORDINATOR

Montiel Fluker

montiel.fluker@cityofmobile.org (251) 208-1649

YOUTH SPORTS

TRACK AND FIELD

Murphy High School \$75 - \$100 | Ages 4-14 Free Clinic | 3/1 | 9 - 11am M-F | 3/10-5/10 | 5 - 7pm

We are back on the track! Fees are \$75 for ages 4-6, and \$100 for ages 7-14, with a discount offered for two or more children. Join us for a free pre-season clinic on Saturday, March 1. Register online at mprd.recdesk.com.

YOUTH GIRLS VOLLEYBALL

Sullivan | \$20 | Ages 4-14

Free Clinic | 3/8 | 9 - 11am S | 3/15-4/19 | 9 - 11am

Get ready for another thrilling season of floaters, dumps and digs! Registration for Youth Girls Volleyball opens on Sunday, February 9. Fees are \$20. Join us for a free preseason clinic on Saturday, March 8. Register online at mprd.recdesk.com.

YOUTH SPORTS SKILL DEVELOPMENT CAMP

Sage Park | \$45 | Ages 3-5 \$13/15-5/10 | 12 - 1:15pm

S | 3/15-5/10 | 12 - 1:15pm

Our Youth Sports Skills Development Camp teaches youth about teamwork and gives them the opportunity to learn new skills and gain self-confidence. Registration opens on January 6. You may register online @ mprd. recdesk.com. Payments can be made online or at the main office at Sage Park.

YOUTH SOCCER LEAGUE

Sage Park | \$100 - \$200 | Ages 4-11 Free Clinic | 3/15 | 9 - 11am S | 3/22-5/31 | 9am - 2pm

Who's ready for another season of hoofing the ball? Registration for the Youth Soccer League opens on Monday, February 10. Fees are \$100 per team for U6-U8, and \$200 per team for U10-U12. Join us for a free pre-season clinic on Saturday, March 15. Register online at mprd.recdesk.com.

YOUTH NFL FLAG FOOTBALL

Sage Park | \$45 - \$450 | Ages 7-18 Free Clinic | 3/15 | 9am - 12pm W | 3/22-4/26 | 6 - 8pm

No matter who you are, flag football is your

chance to run, throw, jump, and fly. If you missed out last year, this is your chance to get involved in the action and join the flag football movement. Team Registration begins on Monday, January 6. Fees are \$450 per team/\$45 free agent. Join us for a free pre-season clinic on Saturday, March 1. Register online at mprd.recdesk.com.

YOUTH BOYS BASEBALL LEAGUE

Medal of Honor/Sage \$200 (MPRD) \$300 (Non-MPRD) per team | Ages 4-14

Free Clinic | 3/29 | 9 - 11am S | 4/5-6/7 | 8am - 3pm

Hey batter, batter, swing batter! MPRD Athletics is bringing baseball to the field this Spring. Team registration opens on Monday, March 17. Fees are \$200 for MPRD teams and \$300 for non-MPRD teams. Join us for a free clinic on Saturday, March 29 at Medal of Honor Park. Register online or on site 3/17 – 3/31 from 8am until noon at Sage Park Pavilion.

YOUTH GIRLS SOFTBALL LEAGUE

Medal of Honor/Sage \$200 (MPRD) \$300 (Non-MPRD) per team | Ages 4-14 Free Clinic | 3/29 | 9 - 11am

S | 4/5-6/7 | 8am - 3pm

Grabs those gloves and softball bats and meet us on the diamond! Team registration opens on Monday, March 17. Fees are \$200 for MPRD teams and \$300 for non-MPRD teams. Join us for a free clinic on Saturday, March 29. Register online or on site 3/17 – 3/31 from 8am until noon at Sage Park Pavilion.

20 | ACTIVITY GUIDE ATHLETICS





MAY 23 & 24 | 8AM-11AM

Mardi Gras Park, 109 Government St. Mobile, AL 36602

Get ready for the ultimate fitness experience at the 2ND Annual Gulf Coast Fitness Palooza! This year, we will partner and showcase the top studio classes, instructors, and wellness activities in the City of Mobile. Take all the classes you want and enjoy free swag, interactive experiences, and more. Join an unforgettable weekend of fitness and fun!

Register for free today! MPRD.RECDESK.COM

ADULT SPORTS

ADULT FLAG FOOTBALL LEAGUE

Sage | \$350 per team | Ages 18+ S | 1/11-2/15 | 2:30 - 5:30pm

Team registration is now open! Fees are \$350 per team. Register online at mprd.recdesk.



CO-ED ADULT SOCCER

Sage Park | \$225 - \$275

Ages 18+

The Co-Ed Adult Soccer League is a Programmatic Partnership with South Alabama Soccer Association. For more information, please contact Eddie Hamilton at (251) 458-3530 via email at sasasoccerleague@gmail.com. Please note specific events and program dates below.

SASA WINTER 7V7 TOURNAMENT

Su | 1/19, 1/26 | 2 - 9pm

Early entry fee is \$225 per team until January 10. The fee increases to \$275 after this date and registration ends on January 13. Individual players, please contact the league for team placement/registration at (251) 554-0132 or via email at sasasoccerleague@gmail.com.

SASA SPRING 11V11 SEASON

Su | 2/23 - 5/18 | 3pm, 5pm, and 7pm

Early team entry fee is \$225 per team until February 12. The fee increases to \$275 after this date and registration ends on February 16. Individual players, please contact the league for team placement/registration at (251) 554-0132 or via email at sasasoccerleague@gmail.com.



AQUATICS ACTIVITY GUIDE | 21

PICKLEBALL



- The pickleball courts must be shared with all participants equally. Play must be limited to one hour if others are waiting.
- All players are responsible for clean-up after play.
- NO shoes that may mark or mar the court surface are prohibited.
 Tennis shoes ONLY.
- NO bicycles, skateboards, skates, scooters, or other wheeled devices are allowed on the pickleball courts, except for those devices used to assist persons with disabilities.
- NO pets are permitted on the pickleball court.
- NO glass is allowed on the courts.
- NO jumping over, pulling or sitting on the net.



PICKLEBALL COURTS

LAVRETTA PICKLEBALL COMPLEX

200 W Parkway Drive, Mobile, AL 36608 (251) 450-2421

Hours: M-Su | 8am to 7pm

HILLSDALE PICKLEBALL COMPLEX

558 Felhorn Road, Mobile, AL 36608 (251) 344-0341

Hours: M-Su | Sunrise to 10pm

SEALS PICKLEBALL COMPLEX

540 Texas Street, Mobile, AL 36603 (251) 438-7498

Hours: M-Su | Sunrise to 10pm

STOTTS PICKLEBALL COMPLEX

2150 Demetropolis Road Mobile, AL 36693 (251) 666-4955 Hours: M-Su | Sunrise to 10pm CURRENTLY UNDER RENOVATION!

CRAWFORD-MURPHY PICKLEBALL COMPLEX

351 S Ann Street, Mobile, AL 36604 (251) 208-1600 UNDER CONSTRUCTION: COMING SOON!

OPEN PICKLEBALL

Open Indoor Pickleball is available at the following centers:

Hillsdale | Free | All Ages M/W | 1/6-5/21 | 10am - 12pm

Sullivan | Free | All Ages M/W | 1/6-5/21 | 10am - 12pm

Hope | Free | All Ages Tu/Th | 1/7-5/22 | 10am - 12pm

PICKLEBALL FOR SENIORS

Parkway | Free | Ages 55+ M-F | 9/3-12/20 | 7:30am - 5:30pm

Connie Hudson | Free | Ages 55+ F | 1/3-5/23 | 3:30 - 5pm

22 | ACTIVITY GUIDE PICKLEBALL



FITNESS COORDINATOR

Jihad Irby

jihad.irby@cityofmobile.org (251) 459-3942



LINE & SWING DANCE

Figures | Free | Ages 21+ T | 1/7-5/20 | 5:30 - 7:30pm

There's a party every Tuesday at Figures Community Center! Come stay healthy and fit while learning the latest line dance steps! Instructor: Bettie Dean



STEP. ROLL AND LINE DANCE

Seals | Free | Ages 18+ M/W | 1/6-5/21 | 6 - 7:30pm

Join Tiffany every Monday and Wednesday as she leads you in all of the latest line dances! Instructor: Tiffany Barnes



LINE DANCE WITH DOROTHY

Springhill | Free | Ages 18+ M | 1/6-5/19 | 5 - 6:45pm T/F | 1/7-5/23 | 11am - 1pm

Looking for exercise that does not feel like exercise? Join us to learn the latest line dance steps and brush up on some of the older ones as well! Miss Dorothy will have you moving and grooving as a group, using easy to follow instructions! Instructor: Dorothy Chaney



BEGINNER BELLY DANCE

Springhill | \$30/4 wks Ages 18+ M | 1/6-5/19 | 5:30 - 6:30pm Stotts | \$30/4 wks | Ages 18+ Th | 1/2-5/22 | 5:45 - 6:45pm

Come enjoy the benefits of belly dancing, whatever your age, size or shape! Costumes are not required but a hip scarf with coins is encouraged! Instructor: Valerie Morrison



BELLY DANCE: INTERMEDIATE

Springhill | \$30/4 wks | Ages 18+ M | 1/6-5/19 | 6:30 - 7:30pm Stotts | \$30/4 wks | Ages 18+ Th | 1/2-5/22 | 6:45 - 7:45pm

Are you ready to take your hip-shimmies to the next level? Intermediate belly dance introduces more of the technical elements of the craft as well as different belly dance styles. Prerequisite: Beginner Belly Dance. Instructor: Valerie Morrison





BELLY DANCE: ADVANCED LEVEL 1

Stotts | \$35/4 wks | Ages 18+ W | 1/8-5/21 | 5:45 - 6:45pm

Prerequisite for Level 1: Completion of Beginning and Intermediate Belly Dance classes. Instructor: Valerie Morrison



BELLY DANCE: ADVANCED

Stotts | \$35/4 wks | Ages 18+

W | 1/8-5/21 | 6:45 - 7:45pm Prerequisite for Level 2: Completion of Advanced Level 2 Belly Dance classes. Instructor: Valerie Morrison



ZUMBA®

Dotch | Free | Ages 18+ Th | 9/5 -12/19 | 5 - 6pm

Get the workout you've been missing in this interval style calorie-burning dance fitness party. Instructor: Deanna Franklin



This icon indicates a class or activity led by an official MPRD Programmatic Partner.



Hillsdale | \$20/4 wks | Ages 18+ M/W/Th | 1/6 - 5/22 | 6 - 6:45pm

"We Got Goals!" Come join Coach Mhoon for a high-energy workout to burn calories, build muscle, and increase endurance. Instructor: Marie Mhoon

AFRICATOWN PLATEAU **PACERS 30-MINUTE LOW IMPACT CARDIO**

Hope | Free | Ages 18+ T/Th | 1/7-5/22 | 6 - 6:30pm

Join us two days a week for this 30-minute low-impact cardio workout designed to improve energy, decrease stress, and improve sleep!

Instructors: Rochelle Williams + Wanda Smith

BODY SCULPTING

Springhill | Free | Ages 18+ M/W/F | 1/6-5/23 | 8:30 - 9:30am

Body sculpting is designed to shape and tone the body without building muscular size or bulk. Join Gerry for this highly beneficial strength training workout! Instructor: Gerry Lowe

FITNESS ACTIVITY GUIDE I 23

CHAIR AEROBICS

Springhill | Free | Ages 18+ T/Th | 1/6-5/22 | 8:30 - 9:45am

Join Gerry for this functional aerobic workout done using a chair to sit or for balance. Increase your heart rates, burn calories and build strength! Instructor: Gerry Lowe



Uplifting and aerobic workout that incorporates gospel music into fitness and weight loss goals. Instructor: Kim Stallworth

ADULT YOGA

Laun | \$10 | Ages 18+ T/F | 1/7-5/23 | 11am - 12pm

Yoga makes your body stronger and more flexible. Join us for this beginner class and get ready to reap the benefits! Instructor: Irene Callaway



TAOIST TAI CHI®

Stotts | Free | Ages 18+

T | 1/7-5/20 | 4 - 5pm

Tai Chi practice is suitable for people of all ages and physical conditions, so come join us to learn a moving meditation that can reduce stress and help you find joy! Instructor: Bob Varley

WALK WITH EASE

Rickarby | Free | Ages 18+ M/W/F | 1/7 - 5/23 | 4:45 - 5:30pm

Join us for 30 minutes of walking followed by 15 minutes of chair exercises! Instructor: Jackie McMillian

CHAIR EXERCISE WITH JACKIE

Rickarby | Free | Ages 18+ T/Th | 1/7 - 5/22 | 5:30 - 6:30pm

Chair exercises help to increase flexibility, lung capacity, circulation and strength. Join Miss Jackie twice a week at Rickarby Park! Instructor: Jackie McMillian

WALK WITH YOLANDA

Figures | Free | Ages 18+ M | 1/6-5/19 | 11:30am - 12pm

Walking is an incredibly beneficial physical activity that gets your heart rate up, improves circulation, regulates blood pressure and burns calories. Join Yolanda in the gym every Monday morning. Instructor: Yolanda Turner

WALKIE TALKIES

Hope | Free | Ages 18+ M/W/Th | 1/6-5/22 | 11am - 12pm

Formerly Walk a Mile in Your Own Shoes. Looking to step in the right direction? A brisk walk can burn between 150-200 calories an hour, which in turn increases your metabolic rate, helping you burn calories even when resting! Let this be your incentive to join us! Instructor: Tanya Gullett

OPEN GYM FOR HOME SCHOOLERS

Hope | Free | All Ages M | 1/6-5/19 | 11:30am - 1:30pm

Want to give your home schooled children a great opportunity for physical education and time together? We offer OPEN GYM for home schoolers every Monday 11:00am – 1:30pm. Instructor: Tanya Gullett

FALL FOR SAFETY

Harmon-Thomas | Free | Ages 18+ T/Th | 1/7-5/22 | 9:15 - 9:45am

Join Leslie for this Fall Prevention Exercise Series featuring slow movements performed while standing to help improve balance. Instructor: Leslie Pettaway

MINDERCISE

Harmon-Thomas | Free | Ages 25+ M | 1/6-5/19 | 9 - 10am

Participants will exercise the mind and develop focus in a step-by-step process through meditation and mind trivia games. Instructor: Leslie Pettaway

B.A.M. BALANCE AND MOTION

Harmon-Thomas | Free | Ages 18+ M/W | 1/6-5/21 | 5 - 5:45pm

Get moving and join us in developing balance, coordination, core strength, flexibility and range of motion. Instructor: Leslie Pettaway





24 | ACTIVITY GUIDE FITNESS

EVENTS AND SPECIALTY CLASSES

CITY WIDE BOOTCAMP (NEVER MISS A MONDAY)

Various | Free | Ages 13+ M| 1/6-2/10 | 6 -7pm

The free, bootcamp fitness experience is back! Hosted by Mobile Parks and Recreation and led by instructors from local boot camps around the area, these workouts are suitable for ages 13 and up. Instructor: Jihad Irby

1/13: Springhill Community Center

1/27: Herndon-Sage Park 2/10: Crawford-Murphy Park

2/24: Langan Park 3/10: Lavretta Park

3/24: Medal of Honor Park

CRUISING FROM BIENVILLE

Bienville Square | Free | Ages 13+ Every other Su | 1/5-5/18 | 4 - 5pm

This is a social cycling group with varying levels of riders. Ride through the downtown/midtown area enjoying scenic routes through neighborhoods and local parks. Must provide your own bike and helmet to participate. We will meet and gather in the park around the water fountain before take off. Instructor: Jihad Irby.

HEALTHY TRAILS 5K PARK RUN/WALK

Various | Free | Ages 13+ S | 1 /4-5/3 | 8 - 9am

Healthy Trails encourages runners and walkers of all abilities, ages, and skill levels to come together and enjoy scenic views of our parks and lovely walking trails. Join us in a bodypositive, welcoming, and inclusive environment where there is no time limit and no one finishes last as we enjoy a 3.2 mile running/walking workout! Enjoy our noise canceling headphones while listing to our themed playlist custom-selected each week for each run. Instructor: Jihad Irby

1/4: Arlington Park
1/18: Public Safety Park
2/1: Crawford Murphy Park
2/15: Herndon-Sage Park
3/1: Tricentennial Park
3/15: Mardi Gras Park
4/5: Medal of Honor Park
4/19: Langan Municipal Park
5/3: Bienville Square



F3 COMMUNITY GROUP WORKOUTS

Mardi Gras Park | Free | Ages 13+ T/Th | 1 /2-5/22 | 4:30 - 5:30am Lavretta Park | Free Ages 13+

S|1/4-5/17|7 - 8am

The Mission of F3 is to plant, grow and serve small workout groups for men for the invigoration of male community leadership. Learn more at f3nation.com.

Instructor: Jared Johnston + Bill Carrol



THE BIGGEST LOSER HEALTH & WELLNESS FAIR

Springhill | Free | All Ages F | 1/3 | 11am - 2pm

Are you ready to take your health and fitness journey to the next level? Whether you're looking to shed a few pounds, boost your fitness, or simply live a healthier lifestyle, the Biggest Loser Health & Wellness Fair is the perfect place to start! Meet experts, learn new tips, and get practical advice from top health and fitness professionals. Come for the fitness, stay for the inspiration, and leave with everything you need to live your healthiest life!

TOUR DE GRAS

Mardi Gras Park | Free | Ages 13+ S | 2/1 | 8 - 10am

Want to experience Mardi Gras in a brandnew way? Discover it on a bicycle as we tour downtown Mobile on one of the scheduled parade routes. We invite your bike club to join in and help kick off the Mardi Gras season by joining this social ride through the streets of downtown Mobile, tossing throws and enjoying a scenic route! Must provide your own bike and helmet

HEALTHY HEART EXPO

Springhill | Free | All Ages M | 2/3 | 11am - 2pm

If you're over 50, have a busy lifestyle, or prefer to hibernate through the winter months, here's your chance to get healthy and stay active in Mobile. MPRD Fitness is hosting a Healthy Hearts Expo, which will offer a variety of activities to help you improve and maintain your heart health, including fitness classes, meal planning sessions, and heart health information. The event coincides with American Heart Month, and provides an opportunity for attendees to take proactive steps to improve their health.

CARNIVAL FITNESS

Seals | Free | Ages 13+ S | 3/22 | 9 - 10am

Get ready to feel the Carnival vibes in this Carnival Fitness class! Dance to the infectious beats of Caribbean music and experience the colorful excitement of culture, community, and celebration. This high-energy workout is all about moving and grooving to the rhythm. Come play Mas with us, feel the energy, and get ready to sweat while having a blast! Instructor: Dee Thomas.

SENIOR BIKE OLYMPICS

McNally Park | Free | Age 55+ S | 3/29 | Time: TBA

In partnership with the National Senior Games Association (NSGA) and the Alabama Senior Olympics, which was established in 1987 to provide an opportunity for seniors 50 years of age and older to participate in a social, competitive, recreational and athletic event. This cycling competition will consist of a 10K Time Trial and a 40K Recovery Run.

LOPE THE LOOP

The Ice Box Bar | Free | All Ages S | 4/26 | 8am - 12pm

Join us for a 3.5-mile walk/run around the Hank Aaron Loop! Runners, walkers, wheelchair users, cyclists, parents with children, leashed dogs, and more are all welcome!

GULF COAST FITNESS PALOOZA

Mardi Gras Park | Free | Ages 13+ F & S | 5/23 - 5/24 | 8 - 11am

Get ready for the ultimate fitness experience at the 2nd annual Gulf Coast Fitness Palooza! This year, we will partner and showcase the top studio classes, instructors, and wellness activities in the City of Mobile. Take all the classes you want and enjoy free swag, interactive experiences, and more. Join an unforgettable weekend of fitness and fun - get registered now to reserve your spot at the Gulf Coast Fitness Festival!

FITNESS ACTIVITY GUIDE | 25







GYMNASTICS PROGRAM COORDINATOR

Tonya Carroll

tonya.carroll@cityofmobile.org (251) 529-6829

COTTAGE HILL GYMNASTICS CENTER

1711 Hillcrest Road, Mobile, AL 36695 (251) 529-6829

Hours: M-Th | 9am - 7pm F | 9:30 - 12:30pm S | 9am - 12pm

The Cottage Hill Gymnastics Center, located at Medal of Honor Park, offers a variety of gymnastics classes for children ages 18 months to teens. The class schedule is separated into three sessions ranging from 4-6 weeks in length. Visit mprd.recdesk.com to register and be sure to follow Cottage Hill Gymnastics Center on Facebook for real time updates!

MONDAYS & WEDNESDAYS

SESSION 1: 1/6-2/3 (4 weeks) (NO CLASS 1/20- Martin Luther King Day)

SESSION 2: 2/10-3/19 (5 weeks) (Mardi Gras Break 3/3-3/9)

SESSION 3: 3/31-5/7 (5 weeks) (Spring Break 4/21-4/27)

PRESCHOOL MOVEMENT

\$70 | Ages 3-5 M/W | 1/6-2/3 | 2 - 2:45pm M/W | 2/10-3/19 | 2 - 2:45pm M/W | 3/31-5/7 | 2 - 2:45pm Your young gymnast will develop body

Your young gymnast will develop body awareness, balance, and self-confidence in this introduction to gymnastics equipment, exercise, and fun. Children must be potty trained to enroll in this beginning class.

ALL CLASSES INCREASE 55 FOR 5 WEEK SESSIONS.

BEGINNING TRAMPOLINE & TUMBLING

\$70 | Ages 5-8 M/W | 1/6-2/3 | 4 - 5pm M/W | 2/10-3/19 | 4 - 5pm M/W | 3/31-5/7 | 4 - 5pm

This class will teach your gymnast basic trampoline and tumbling skills. It is an excellent safety course for families with backyard trampolines.

INTERMEDIATE TRAMPOLINE & TUMBLING

\$70 | Ages 8-10 M/W | 1/6-2/3 | 5 - 6pm M/W | 2/10-3/19 | 5 - 6pm M/W | 3/31-5/7 | 5 - 6pm

This class is designed for your gymnast to build upon and perfect the skills taught in the Beginning Trampoline and Tumbling class.

YOUTH SPORTS SKILLS



EVERY SATURDAY FROM MARCH 15 - MAY 10 FROM 12PM-1:15PM AT SAGE PARK

LEARN TEAMWORK, NEW SKILLS & GAIN SELF CONFIDENCE!
PERFECT FOR AGES 3-5



REGISTER STARTING JAN. 6: MPRD.RECDESK.COM

CHEER TUMBLING

\$70|10+ M/W|1/6-2/3|6-7pm M/W|2/10-3/19|6-7pm M/W|3/31-5/7|6-7pm

This class is a must for your child preparing for middle or high school cheerleading. It features an emphasis on the tumbling aspect of cheer leading.

FOLLOW US ON SOCIAL MEDIA!

COTTAGE.HILL.
GYMNASTICS.CENTER

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TUESDAYS & THURSDAYS

SESSION 1: 1/7-1/30 (4 weeks) SESSION 2: 2/11-3/20 (5 weeks) SESSION 3: 4/1-5/8 (5 weeks)

PRESCHOOL MOVEMENT

\$65 | Ages 3-5 T/Th | 1/7-1/30 | 9:30 - 10:15am T/Th | 2/11-3/20 | 9:30 - 10:15am T/Th | 4/1-5/8 | 9:30 - 10:15am

Your young gymnast will develop body awareness, balance, and self-confidence in this introduction to gymnastics equipment, exercise, and fun. Children must be potty trained to enroll in this beginning class.

YOUTH GYMNASTICS

\$70 | Ages 5-8 T/Th | 1/7-1/30 | 4 - 5pm T/Th | 2/11-3/20 | 4 - 5pm T/Th | 4/1-5/8 | 4 - 5pm

Your gymnast will learn progressive skills on the trampoline and other gymnastics equipment. Flexibility, strength, balance, and coordination are enhanced through participation in this program.

BEGINNING TUMBLING

\$70 | Ages 5+ T/Th | 1/7-1/30 | 5 - 6pm T/Th | 2/11-3/20 | 5 - 6pm T/Th | 4/1-5/8 | 5 - 6pm

Your young gymnast will be introduced to various components of tumbling, including cartwheels, round-offs, back walkovers, and back handsprings.

CHEER TUMBLING

Gymnastics Center | \$70 | 10+ T/Th | 1/7-1/30| 6 - 7pm T/Th | 2/11-3/20 | 6 - 7pm

This class is a must for your child preparing for middle or high school cheerleading. It features emphasis on the tumbling aspect of cheer leading.

FRIDAYS

SESSION 1: 1/10-1/31 (4 weeks) SESSION 2: 2/14-3/21 (5 weeks) SESSION 3: 4/4-5/9 (5 weeks)

KINDER-GYM

\$50 | Ages 18 mo-3 yrs F|1/10-1/31 9:30 - 10:15am + 10:30 - 11:15am F|2/14-3/21 9:30 - 10:15am + 10:30 - 11:15am F14/4-5/9 9:30 - 10:15am + 10:30 - 11:15am

Your toddler will learn basic gymnastics, body awareness, balance, and self-confidence in a relaxed gymnastics environment. An adult must participate with your child.



SATURDAYS

SESSION 1: 1/11-2/1 (4 weeks) SESSION 2: 2/15-3/22 (5 weeks) SESSION 3: 4/5-5/10 (5 weeks)

PRESCHOOL MOVEMENT

\$45 | Ages 3-5 S|1/11-2/1|9-10am S|2/15-3/22|9-10am S|4/5-5/10|9-10am

Your young gymnast will develop body awareness, balance, and self-confidence in this introduction to gymnastics equipment, exercise, and fun. Children must be potty trained to enroll in this beginning class.

YOUTH GYMNASTICS

\$45 | Ages 5+ S|1/11-2/1|10 - 11am S | 2/15-3/22| 10 - 11am S | 4/5-5/10 | 10 - 11am

Your gymnast will learn progressive skills on the trampoline and other gymnastics equipment. Flexibility, strength, balance, and coordination are enhanced through participation in this program.

YOUTH GYMNASTICS

\$45 | Ages 7-12 S|1/11-2/1|11am - 12pm S | 2/15-3/22 | 11am - 12pm S|4/5-5/10|11am - 12pm

Your gymnast will learn progressive skills on the trampoline and other gymnastics equipment. Flexibility, strength, balance, and coordination are enhanced through participation in this program.



T/Th | 4/1-5/8 | 6 - 7pm RSVP BY 4/11/25 AT MPRD.RECDESK.COM QUESTIONS? CONTACT LADARREL BELL: 251-208-1252

RECEPTION. SEATING IS LIMITED.

SPONSORED BY: EXCLUSIVE RESIDENTIAL SERVICE INC.

GYMNASTICS ACTIVITY GUIDE I 27



THERAPEUTIC RECREATION SPECIALIST

LaDarrel Bell, M.P.A.

therapeutics@cityofmobile.org (251) 208-1252

ADAPTIVE BASKETBALL SKILLS AND DRILLS

Dotch | Free | Ages 16+ Th | 1/9-5/22 | 10am - 12pm

Develop and improve your fundamental basketball skills by learning essential drills that will help you become a more effective offensive and defensive player.

ADVANCE BASKETBALL SKILLS AND DRILLS

Dotch | Free | Ages 16+ Th | 1/9-3/13 | 3 - 5pm

Develop and improve your fundamental basketball skills by learning essential drills that will help you become a more effective offensive and defensive player. This class is designed for advance players who can engage in fast pace and highly physical competition.

ADAPTIVE VOLLEYBALL

Dotch | Free | Ages 16+ M | 1/6-2/24 | 10am - 12pm

M | 1/6-2/24 | 10am - 12pm Engage in teamwork on the court while learning essential volleyball fundamentals including serving, hitting, setting, passing and blocking.

ADAPTIVE PICKLEBALL

Dotch | Free| Ages 16+ M | 3/10-4/14 | 10am - 12pm

Engage in teamwork on the court while learning essential volleyball fundamentals including serving, hitting, setting, passing and blocking.

ADAPTIVE BOCCE BALL

Michael Dow Amphitheater Free | Ages 10+

M | 4/21-5/19 | 10am - 12pm

Join us for Bocce Ball! A game that can be played by all. Learn the rules and have some fun!

REC-XERCISE

Dotch | Free | Ages 16+ F | 3/7-4/11 | 10am -12pm

Learn to use various equipment to actively engage in fun exercise routines which can be replicated at home. Exercises can be adapted to meet all abilities and levels.



ARTISM: ARTIST WITH AUTISM

Dotch | Free | Ages 16+ T | 1/7-5/20 | 10am - 12pm

Art provides a way for people who are nonv-erbal or minimally verbal to express themselves, and in some cases create an income. It allows people to be creative while doing meaningful and enjoyable work. Individuals with autism provide a unique perspective that comes through in all they create.

SIMPLE SIGN LANGUAGE

Dotch | Free | Ages 5+ T | 1/7-5/20 | 10am -12pm

Learn to communicate non-verbally using sign language. This activity is a resourceful method of communication when interacting with individuals who are deaf, who have a hearing impairment, who have speech difficulties or who are non-verbal.

Instructors: Val Armstrong + April Britton

THERAPEUTIC YOUTH MARCHING BAND

Dotch | Free | Ages 5-18 M/W | 1/6 - 5/21 | 5 -7pm

Become a member of the all-inclusive therapeutic marching band. Learn instrumental music and marching fundamentals, dance routines, and color guard routines to prepare for community performances and parades. Beginner and experienced musicians, dancers and color guard (flag twirler) students are encouraged to join. Wednesday sessions will be held at Michael Dow Amphitheater.

T.A.P.S. THERAPEUTIC ADULT PERCUSSION SQUAD

Dotch | Free | Ages 16+ W | 1/8-5/21 | 10am - 12pm

Learn to play different rhythms on various percussion instruments. This group activity helps to boost mood, relieve stress and reduce anxiety. No drumming experience is required.

ADAPTIVE DANCE PARTY

Dotch | Free | All ages F | 3/21-4/18 | 10am - 12pm

Swing your arms, shake your hips, and move your feet to the beat of popular line dancing music. This is a good aerobic activity. Everyone is encouraged to move at their own pace.

KARAOKE & COCOA

Dotch | Free | All ages F | 1/10-3/14 | 10am -12pm

Lounge and listen to the melodies or step up to the microphone and sing your favorite song. Let us know if you like your hot cocoa with or without marshmallows.

GAME ON!

Dotch | Free | Ages 10+ M-Th | 1/6-5/22 | 9am - 5pm

Learn to play various video games on the Xbox and Wii gaming stations. Explore a new dimension of gaming through virtual reality gaming systems. From race car driving to interactive games, enjoy them all.

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COMPUTER COMPANIONS

Dotch | Free | Ages 10+ M-Th | 1/6-5/22 | 9am - 5pm Receive helpful tips and training on basic

Receive helpful tips and training on basic computer skills. Learn how to navigate through computer operating systems, create and manage files, and access information via the world wide web.





PARKS AND RECREATION

Collissian Collissian

Do you want to experience Mardi Gras in a brand-new way? Discover it on a bicycle as we tour downtown Mobile on one of the scheduled parade routes!

FROM 8AM-10AM MEET ON CIVIC CENTER DR.

We invite your bike club to join in and help kick off the Mardi Gras season by joining this social ride through the streets of downtown Mobile tossing throws and enjoying a scenic route!



VISIT MPRD.RECDESK.COM TO REGISTER FOR FREE TODAY!

Must provide your own bike and helmet.

EVENTS AND SPECIALTY CLASSES

MOBILE MARCH MADNESS BASKETBALL TOURNAMENT

Dotch | Free | Ages 16+ Th | 3/27 | 10am - 1pm

Athletes showcase their basketball skills in an inclusive and action-packed basketball tournament. Many teams will play, but only one team will earn the title as the Mobile March Madness Champions.

ARTISM SHOWCASE

Dotch | Free | All ages T | 4/1 | 10am - 12pm

In celebration of National Autism Awareness Month, exceptional artwork created by individuals with autism spectrum disorder will be displayed to exhibit their unique and artistic abilities. Art work can be submitted from March 1 through March 31. For more information, contact LaDarrel Bell at 251-208-1252 or ladarrel.bell@cityofmobile.org



SNAP BOWLING

Bowlero Bowling Alley

Free | Ages 18+

S|4/26|9am-1pm

SNAP (Special Needs Athletes Program) of Alabama strives to bring competition to all. Includes 3 games & bowling shoes. Grab your spot today! Email: joe@snapofalabama.com. Call 251-366-9978 for more information.

INCLUSIVE SPRING GALA

Dotch | Free | Ages 18+ S | 4/29 | 5 - 8pm

Dress to impress for our inclusive Spring formal that includes music, dancing, and a reception. Sponsored by Exclusive Residential, Inc. Seating is limited. Registration ends 4/11/25.

THERAPEUTICS ACTIVITY GUIDE | 29



ALABAMA ELDERLY NUTRITION PROGRAM

Parkway Senior Center, Hillsdale Community Center, Thomas Sullivan Community Center, Tricksey Senior Center | Free | Ages 60+ M-F | 1/2-5/23 | 9am - 2pm

Come have a nutritious meal combined with social activities and fellowship. Must register for a center meal.

CONNIE HUDSON SENIOR CENTER

3201 Hillcrest Rd, Mobile, AL 36695 (251) 602-4963 Carl Lewis | cl.lewis@cityofmobile.org



SCAN THE QR CODE TO SIGN UP TODAY!



Free WiFi available at all Community Centers!

ARTS & CRAFTS

Connie Hudson | Free | Ages 55+ W | 1/8/25 - 5/14 | 9:30 - 11am

Creative activities, such as arts and crafts, can help boost mental health by stimulating different parts of the brain. Trying new activities as an older adult can also provide a sense of accomplishment and improve selfesteem. Join us every Wednesday to enjoy arts and crafts activities while socializing and enhancing your overall way of life!

HANDMADE CRAFTS

Connie Hudson | Free | Ages 55+ M | 1/6 -5/12 | 10am - 12pm

Calling all knitters! Join us as we learn the basics of crocheting, loom knitting, beading, embroidery and more! Instructor: Harriet Nihart

OPEN WATERCOLOR

Connie Hudson | Free | Ages 55+ T | 1/7 - 5/13 | 9 - 11am

Paint with fellow watercolorists! Participants must bring their own art supplies for this self-led activity.

INTERMEDIATE OIL PAINTING

Connie Hudson | Free | Ages 55+ M/T | 1/6 -5/13 | 9 - 11am

This class is for those who have taken Beginner Oil Painting and/or those with oil painting experience ready to take their skills and knowledge of water-soluble oils to the next level. Instructor: Carmel Alvis

ADVANCED OIL PAINTING

Connie Hudson | Free | Ages 55+ Th | 1/9 -5/15 | 9 - 11am

Gustav Klimt? Leonardo DaVinci? These oil painters have nothing on you! At least that's what your peers will say after the completion of this advanced class for experienced artists! Beginner Oil Painting and Intermediate Oil Painting are prerequisites for this class. Instructor: Carmel Alvis

MIXED MEDIA

Connie Hudson | Free | Ages 55+ W | 1/8 - 5/14 | 9 - 11am

Learn new techniques for working with various mediums to create unique works of art. Instructor: Carmel Alvis

OPEN ART LAB

Connie Hudson | Free | Ages 55+ M-W | 1/6 - 5/14 | 1 - 3pm F | 1/10 - 5/16 | 9am - 2pm

Bring in their own art supplies and create selfled expressions while encouraging other fellow artists!

OPEN SEWING | NEW!

Connie Hudson | Free | Ages 55+ 1st & 3rd Th | 1 /2-5/15 | 1 - 2pm

Learn beginner sewing skills including how to use a sewing machine, fabric selection and patterns.



ITALIAN FOR BEGINNERS

Connie Hudson

Free | Ages 55+

W | 1/8 - 5/14 | 3 - 4pm

Come learn the basics of the beautiful Italian language. Class begins with common phrases and then progresses to more advanced concepts. Instructor: Filippo Milone

CONVERSATIONAL SPANISH

Connie Hudson | Free | Ages 55+ W | 1/6 - 5/12 | 3 - 4pm

Join Fulgencio every Monday afternoon as he leads participants in basic greetings and conversational phrases to brush up on their Spanish-speaking skills.

Instructor: Fulgencio Hernandez



ZUMBA®

Connie Hudson

Free | Ages 55+

M/Th | 1/7 - 5/15 | 4 - 5pm

A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Instructor: Lillie Crowley



This icon indicates a class or activity led by an official MPRD Programmatic Partner.

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ZUMBA GOLD®

Connie Hudson

Free | Ages 55+

W | 1/8 - 5/14 | 9:45 - 10:30am

Zumba Gold * is a version of Zumba designed for older adults or those with mobility issues. The class is slower-paced and focuses on balance, coordination, and flexibility. It's a great way for seniors to stay active and healthy while having fun. Instructor: Joby Robertson

LINE DANCE

Connie Hudson | Free | Ages 55+ W | 1/8 - 5/14 | 2 - 3:30pm

Wednesday afternoons are for line dancing! Put on your dancing shoes and join your fellow movers and shakers at Connie Hudson Senior Center! Instructor: Louise Holman



CIRCUIT TRAINING

Connie Hudson

Free | Ages 55+

M|1/6-5/12|10-10:30am

This standing class alternates upper-body strength work with low-impact cardio to maximize fitness benefits. Instructor: Joby Robertson



SENIOR HIIT

Connie Hudson

Free | Ages 55+ W | 1/8 - 5/14 | 9 - 9:30am

Join Joby for a unique blend of cardio and strength-based exercises. Instructor: Joby Roberston

SILVERSNEAKERS® YOGA

Connie Hudson Free | Ages 55+

M|9/9-12/16|9 - 9:45am

Move through seated and standing yoga poses to increase flexibility, balance, and range of motion. Instructor: Joby Robertson

STRETCH AND FLEX

Connie Hudson | Free | Ages 55+ F|1/10 - 5/16|10 - 11am

This class stretches and strengthens the specific muscles that are commonly associated with strain, sprains, and ergonomic injuries. Instructor: Karen Conner

BIBLE STUDY

Connie Hudson | Free | Ages 55+ M| 1/6 - 5/12 | 12:30 - 1pm

Studying the Bible with others is a powerful way to deepen our understanding of the scriptures. Meet up with fellow believers for devotion and fellowship. Instructor: Troy Clements

THE WRITERS' GROUP

Connie Hudson | Free | Ages 55+ T | 1/7 - 5/13 | 2 - 3pm

The Writers' Group meets weekly to socialize and improve their writing.

WIDOW SUPPORT GROUP

Connie Hudson | Free | Ages 55+ 1st Th | 1/9 - 5/1 | 11am - 1pm

This group allows those who have lost a loved one to share their thoughts, struggles and triumphs.

BINGO

Connie Hudson | Free | Ages 55+

T/Th | 1/7 - 5/15 | 2:30 - 3:30pm America's favorite game of chance! Join fellow players for a good time that is both fun and engaging, and is also designed to improve categorization, description, and word-finding skills! A win-win, even if you lose!

OPEN CHESS

Connie Hudson | Free | Ages 55+ T/Th | 1/7 - 5/15 | 8am - 2pm

Feel free to bring your own chess board or join a fellow lover of the game at one our available chess boards. A great way to challenge your mind while socializing with like-minded individuals.

OPEN DOMINOES

Connie Hudson | Free | Ages 55+

W | 1/8 - 5/14 | 11:15am - 1pm Who will be the first to call out "Domino!"? Join us in our open game room every Wednesday morning as we meet for this classic game of "playing bones"!

OPEN BRIDGE

Connie Hudson | Free | Ages 55+ F | 1/10 - 5/16 | 11am - 1pm

This classic card game is perfect for players of all ages, and it's a great way to test your skills and strategy. Plus, it's a great way to stay sharp and keep your mind active. Whether you're a beginner or a seasoned pro. Bridge is a great game to play. Join us!

BILLIARD TOURNAMENT

Connie Hudson | FREE | Ages 55+ 1st Th | 1/9 - 5/1 | 9am - 12pm

Come be a part of our monthly Billiard Tournament! Will you be the Billiard Champ?



SENIORS ACTIVITY GUIDE | 31

MOBILE PARKS & RECREATION MUSIC & ART STUDIOS



Every Thursday from 3:30-5PM

Lavretta Arts & Culture Center Come with us as our Music and Arts Specialists join forces to

present to you an exciting line up of activities designed to help uncover hidden treasures deep within.

During this unique collaboration, participants ages 8 and up will create an album, from composition to vocal recording, then perform it live before an audience.

Upon completion of the class, participants will also receive a physical copy of the their song, complete with album art designed by them. Visit MPRD.recdesk.com to sign up for free!



PARKWAY SENIOR CENTER

1600 Bovkin Blvd. Mobile. AL 36605 (251) 471-2503 Ashlyn Black | ashlyn.black@cityofmobile.org

SURPRISE ACTIVITIES & CRAFTS

Parkway | Free | Ages 55+ Th | 1/2-5/22 | 10:30 - 11:30am

What do we have planned today? Dancing? Painting? Board games? There is only one way to find out! Join us Thursday morning for surprise activities to brighten your day!

CHAIR EXERCISE

Parkway | Free | Ages 55+ M - Th | 1/2-5/22 | 10 - 10:30am

Chair exercises are an excellent way to build strength and improve flexibility without putting too much strain on your body. Chair exercises also improve senior mobility by increasing blood flow and lubricating your joints.

CROCHET 101

Parkway | Free | Ages 55+ W | 1/8-5/21 | 10 -11am

Our beginner crochet class will introduce you to the basic crochet stitches. You will learn to make hats, Afghans, dish towels, and more. Instructor: Felecia Lett

BIBLE STUDY

Parkway | Free | Ages 55+ T|1/7-5/20|10-11am

Studying the Bible with others is a powerful way to deepen our understanding of the scriptures. Meet up with fellow believers for devotion and fellowship.

BINGO

Parkway | Free | Ages 55+ M/F | 1/2-5/23 | 10:30 - 11:30am

America's favorite game of chance! Join fellow players for a good time that is both fun and engaging, and is also designed to improve categorization, description, and word-finding skills! A win-win, even if you lose!

BINGOCIZE

Parkway | Free | Ages 55+ M | 1/2-5/23 | 1-2pm

Bingocize strategically combines the game of bingo, exercise, and/or health education. Trained lay leaders, participants may select between three separate 10-week units that focus and exercise-only, exercise and falls prevention, or exercise and nutrition. Instructors: Ashlyn Black + Carol Stephens

CREATIVE WRITING

Parkway | Free | Ages 55+ W | 1/8-5/21 | 10 - 11am

This is a weekly creative writing session where you will explore the expressive world of literature through creativity, imagination and storytelling. Instructor: Judy Gammage

TRIVIA

Parkway | Free | Ages 55+ F | 1/3-5/23| 10 - 11am

Test your knowledge across a wide range of topics in fun trivia games!

GARDENING CLUB

Parkway | Free | Ages 55+ W | 1/8-5/21 | 10 - 11am

Join a community where members come together to share knowledge, tips and resources related to gardening.

SINGING SENIORS | NEW!

Parkway | Free | Ages 55+ M | 1/8-5/21 | 9:30 - 10:30am

In a class led by a musical choir director, participants would experience a dynamic blend of vocal technique, music theory, and ensemble collaboration, all infused with the director's passion for choral artistry.



CAREGIVER SUPPORT GROUP

Parkway | Free | Ages 55+ 3rd T | 1/21, 2/18, 3/18, 4/22, 5/20 1 - 3pm

In partnership with the South Alabama Regional Planning Commission (SARPC), which is the designated Area Agency on Aging for South Alabama, this program provides support for caregivers who face the challenges and rewards of care giving. All current and past caregivers are welcome to join us in a compassionate environment. Lunch will also be served. Instructor: Vince Duff

SENIOR OF THE MONTH PRESENTATIONS | NEW!

Parkway | Free | Ages 55+ 1st F | 1/3, 2/7, 3/7, 4/4, 5/2 10 - 11am

Every first Friday of the month, Parkway Senior Center hosts a Senior of the Month presentation, where the participants gather to celebrate the achievements and contributions of exceptional seniors. These heartfelt ceremonies highlight inspiring stories, fostering a sense of camaraderie and appreciation at the center.

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PARKWAY EVENTS AND SPECIALTY CLASSES

WELCOME TO THE NEW YEAR ICE CREAM SOCIAL

Parkway | Free | Ages 55+ F | 1/3 | 1 - 3pm

Parkway Senior Center invites seniors to kick off the year with a delightful gathering, enjoying an array of delicious ice cream flavors and toppings. This festive event creates a warm and joyful atmosphere, allowing seniors to reconnect and celebrate the new beginnings together!

MARDI GRAS CELEBRATION

Parkway | Free | Ages 55+ W | 2/12 | 12 - 2pm

Join us in your Mardi Gras attire as we let the good times roll! Music, games, king cake and more.

ST. PATRICK'S DAY CELEBRATION

Parkway | Free | Ages 55+ M | 3/17 | 10am - 1pm

Join us for a celebration of Irish culture. Don't forget to dress in green! Trivia, games, crafts and more!

SPRING FASHION SHOW

Parkway | Free | Ages 55+ F | 3/28 | 10am -1pm

Join us for an exciting afternoon at Parkway Senior Spring Fashion Show, where creativity meets style on the runway! RSVP to reserve your spot and witness the stunning designs showcased by our talented Seniors!

EASTER EGG HUNT & TEA PARTY

Parkway | Free | Ages 55+ F | 4/18 | 10am -1pm

Come and celebrate a fun tradition where we search for hidden eggs around the center filled with treats or surprises! Following the hunt, get ready for some tea as celebrate and welcome Spring! Please wear tea party attire.

MAY DAY

Parkway | Free | Ages 55+ F | 5/23 | 10am -1pm

Join us for a delightful afternoon of festivities where we embrace the arrival of spring and honor our cherished senior community. Come prepared to enjoy music, dancing, and engaging activities that capture the spirit of May Day!



SIGN LANGUAGE FOR BEGINNERS

JANUARY 6 - MAY 21 | 5:30-6:30PM MONDAYS & WEDNESDAYS

If you have ever wanted to learn sign language, this free class at Hillsdale Community Center is just for you! Students will be introduced to American Sign Language, finger spelling, basic sign vocabulary, and understanding deafness.



TRICKSEY SENIOR CENTER

3055 Bank Ave. Mobile, AL 36617 251-456-6690 Cassandra Pettway cpettway@cityofmobile.org

ARTS & CRAFTS

Tricksey | Free | Ages 55+ Th | 1/2-5/22 | 11am - 12pm

Creative activities, such as arts and crafts, can help boost mental health by stimulating different parts of the brain. Join us every Thursday to enjoy arts and crafts activities while socializing and enhancing your overall way of life! Instructors: Nakeshia Holmes + Cassandra Pettway

TRICKSEY CUSTOMS & DESIGNS

Tricksey | Free | Ages 55+ M-F | 1/2-5/23 | 11am - 12pm

Join Tricksey Seniors as we create glass centerpieces, shirts, wreaths, and more for the holiday season! Instructors: Cassandra Pettway + Nakeshia Holmes

CHAIR EXERCISE

Tricksey | Free| Ages 55+ M-F | 1/2-5/23 | 9:15 - 10:30am

Chair exercises are an excellent way to build strength and improve flexibility without putting too much strain on your body. Chair exercises also improve senior mobility by increasing blood flow and lubricating your joints. Instructor: Cassandra Pettway

WALK WITH EASE

Tricksey | Free | Ages 55+ T/Th | 1/2-5/22 | 9:45 - 11am

Learn about the Walk with Ease Program that is proven to reduce the pain of arthritis and improve your overall health. Experience Walk with Ease, improve your health and learn what's in the tool. Instructor: Cassandra Pettway

BIBLE STUDY

Tricksey | Free | Ages 55+ M/T | 1/6-5/20 | 10 - 11am

Studying the Bible with others is a powerful way to deepen our understanding of the scriptures. Meet up with fellow believers for devotion and fellowship.

Instructor: Reverend Anthony Shute.

BINGO

Tricksey | Free | Ages 55+ F | 1/10-5/23 | 10 - 11am

America's favorite game of chance! Join fellow players for a good time that is both fun and engaging, and is also designed to improve categorization, description, and word-finding skills! A win-win, even if you lose!

SENIORS ACTIVITY GUIDE | 33

COOK-OFF

Tricksey | Free | Ages 55+

M | 1/6-5/19 | 1 - 2pm
Do you enjoy cooking? Looking for new recipes? Come out to Tricksey Senior Center; you'll love what we'll be cooking up for you! Both Senior participants and local chefs will share their recipes during this class!

TRICKSEY EVENTS AND SPECIALTY CLASSES

RESURRECTION **SUNDAY PROGRAM**

Tricksey | Free | Ages 55+ F | 4/18 | 10am - 12pm

Come fellowship with us as we hear of the Resurrection of Jesus Christ! Music, Food, Easter Speeches and more! Instructor: Cassandra Pettwav

MOTHER'S DAY EVENT

Dotch | Free | Ages 55+ F|5/9|11am - 2pm

Join us as we spend the day honoring mothers, mother-figures, and grandmothers in our community!



SCAN THE QR CODE **TO SIGN UP** TODAY!





Mobile Parks & Recreation

Unleash your inner CHEF while learning new skills, such as food presentation techniques. A great opportunity for socializing and building confidence! Recipes listed below.

4-5:30PM Hope Community Center

1/8 Healthy Pizza & Warm Cider **2/12** Pralines & Fruit Parfaits 3/12 Superfoods Salad 4/9 Cinnamon Rolls

5/14 One Pot Spring Pasta

HILLSDALE COMMUNITY **CENTER - S.A.I.L.**

558 Felhorn Rd E. Mobile. AL 36608 (251) 344-0341 Guynasha DeWeever guynasha.deweever@cityofmobile.org

ARTS & CRAFTS

Hillsdale | Free | AGES 55+ T|1/7 - 5/20 | 10 - 11am

Creative activities, such as arts and crafts, can help boost mental health by stimulating different parts of the brain. Trying new activities as an older adult can also provide a sense of accomplishment and improve self-esteem. Join us every Tuesday to enjoy arts and crafts activities while socializing and enhancing your overall way of life! Instructor: Nakeshia Holmes

SENIOR FIT CREWE

Hillsdale | Free | Ages 55+ M/W | 1/6-5/21 | 9:30 - 10:30am

Want to get Fit? Join our Crewe! Walk (indoors/outdoors), dance aerobics, Chair exercises, weight room, and more! We'll be your accountability partner and assist you in achieving your fitness goals! Instructors: Evelyn McGhee & Mary Lee

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TRAIN WITH FAYE I NEW!

Hillsdale | Free | Ages 55+ W | 1/8-5/21 | 10:30 - 11:30am

NEVER WON BIG?? Well come train with Faye, she'll get you right for the competition! Black Jack, Poker, Spades, Dominoes! She'll show you how to get it DONE all while having FUN! Ínstructor: Faye Musgrove

BIBLE STUDY

Hillsdale | Free | Ages 55+ Th | 1/7-5/20 | 10 - 11am

Studying the Bible with others is a powerful way to deepen our understanding of the scriptures. Meet up with fellow believers for devotion and fellowship. Led by Hillsdale Seniors.

SENIOR OUTINGS

Hillsdale | Free | Ages 55+ M-F | 1/6-5/23 | 9am - 2pm

Are you tired of sitting at home? Hang out with us as we visit museums, expos, and seminars, and find the best restaurants, shops, and more! Days and times vary. Instructor: Evelyn McGhee

HILLSDALE EVENTS AND SPECIALTY CLASSES

SWEETHEART SOCIAL

Hillsdale | Free | Ages 55+ F|2/14|12 - 2pm

Join us for a heartwarming sweetheart social exclusively for seniors! It's an afternoon filled with love, laughter, and delightful company. This event is designed to bring seniors together in a warm and inviting atmosphere while they enjoy music, dancing, crafts and more

HILLSDALE ANNUAL **MARDI GRAS PARADE**

Hillsdale | Free | All Ages F | 2/28 | 10am - 2pm

Come join us at our annual Mardi Gras parade! We will march around the parking lot of the Hillsdale Community Center, accompanied by the tunes of local high school bands and a motorcade of revelers throwing moon pies and other treats!

SENIOR HEALTH FAIR

Hillsdale | Free | Ages 55+

W | 3/19 | 10am - 1pm Join us in March for health education, blood pressure checks, preventative screening, and learn about the health resources offered in you community! Let's all take a step into living a healthier life by becoming informed!

THOMAS SULLIVAN COMMUNITY CENTER - S.A.I.L.

351 N Catherine St. Mobile. AL 36603 (251) 438-7282 Joshua Pruitt | joshua.pruitt@cityofmobile.org

EXERCISING WITH FIGARE

Thomas Sullivan | Free | Ages 55+ M|1/6-5/19|10-11am

Get fit and have fun while doing so! Join us daily for chair exercise, walking and more! Instructor: Gwendolyn Figare

BIBLE STUDY

Thomas Sullivan | Free | Ages 55+ W | 1/8-5/21 | 10 - 11am

Studying the Bible with others is a powerful way to deepen our understanding of the scriptures. Meet up with fellow believers for devotion and fellowship. Led by Pastor McCampbell.

COFFEE & SCRIPTURE

Thomas Sullivan | Free | Ages 55+ M-F | 1/2-5/23 | 9:30 - 10am

Chit Chat and discuss the "Scripture of the Day," every morning before diving into current events! We'll keep the coffee brewing for you!

NEED TO KNOW

Thomas Sullivan | Free | Ages 55+ F | 1/3-5/23 | 9:30 - 10:30am

Come out and learn more about nutrition and share recipes. Instructor: Felicia Greenhouse

OPEN ACTIVITIES AND GAMES

In addition to the variety of planned activities we have for our Seniors, we also keep our social and game rooms open throughout the day. Please note the specific times below.

Hillsdale | Free | Ages 55+ M-F | 1/2-5/23 | 9am - 2pm Parkway | Free | Ages 55+ M-F | 1/2-5/23 | 7:30am - 5:30pm Tricksey | Free | Ages 55+ M-F | 1/2-5/23 | 9am - 2pm Connie Hudson | Free | Ages 55+ M-F | 1/2-5/23 | 7:30am - 5:30pm Thomas Sullivan | Free | Ages 55+ M-F|1/2-5/23|9am-2pm

HEARTTO HEARTTEENS

FOR GIRLS

What is on your mind? What is in your heart? Teen girls will learn to expand communication and interpersonal skills through music, art, and family activities. Female parents or guardian are invited to attend.

FOR BOYS

In this class, participants will learn how their daily choices can effect their lives. An open-ended discussion will allow teen boys and their mentors to talk about subjects affecting teen boys today.

BOTH CLASSES ARE EVERY WEDNESDAY FROM 3:30-4:30PM JANUARY 8 THROUGH MAY 7 | HARMON-THOMAS COMMUNITY CENTER

SENIORS ACTIVITY GUIDE I 35



AZALEA CITY GOLF COURSE

1000 Gaillard Dr, Mobile, AL 36608 (251) 208-5150 Course Hours: M-Su | 6:30am – 6pm Driving Range | 7am – 5pm www.azaleacitygolfcourse.com

Our 6850-yard course is a par 72 with Champion bermudagrass greens and bermudagrass tees and fairways. Call-in reservations for tee times are encouraged, with weekday tee times being available up to seven days in advance. Weekend tee times may be reserved from 8am on the Wednesday before. Golf cart rentals are available.



GREEN FEES

\$29 before noon | \$19 after noon

Junior Rates (18 years & younger) \$15 before noon | \$10 after noon

ANNUAL MEMBERSHIPS

Limited membership: M-F Individual: \$850/year | \$250/quarter Per dependent: \$300/year | \$100/quarter

Unlimited membership: M-Su Individual: \$1,400/year | \$375/quarter Per dependent: \$300/year | \$100/quarter



GOLF COURSE SUPERINTENDENT

Brian Aaron aaron@cityofmobile.org



PGA PROFESSIONAL

Colin McKernColin.mckern@
cityofmobile.org



ASSISTANT GOLF PROFESSIONAL

Chris Colburn chris.colburn@ cityofmobile.org

LET US HOST YOUR NEXT GOLF TOURNAMENT! CALL 251-208-5150 FOR MORE INFO.





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GOLF PROGRAMS

TOUGH MAN 3 PERSON SCRAMBLE

Azalea City Golf | \$75 | Ages 18+ S | 2/9 | 11:30am - 4:30pm

Enjoy a fun Team Scramble on Super Bowl Sunday featuring challenging hole locations! Sign up today for \$75 per player, includes food and prizes.

HIGH SCHOOL PRACTICE AND MATCHES

Azalea City Golf | \$75 | Ages 18+ M-Th | 3/6 - 4/24 | 3 - 5pm

High school students are welcome to come out and play matches during this seasonal program.

TWILITE GOLF LEAGUE

Azalea City Golf | \$30 | Ages 18+ W | 4/2-9/24| 5 - 7:30pm

Join us for this 9-hole men's league, featuring different formats every week. Sign up today for only \$30 per player.

LADIES TRUNK TO TRUNK GOLF CLINIC

Azalea City Golf | \$30 | Ages 13+ Th | 4/17| 5 - 6:30pm

This beginner Ladies Clinic focuses on showing new golfers how to use the entire facility. Participants are picked up and dropped off at their cars.

PRIVATE LESSONS

Our PGA and LPGA Golf Professionals offer both individual and group lessons for golfers of various age groups and skill levels, from novice to advanced. Instructor names and contact information are listed below

LADIES CLINICS

Azalea City Golf | \$50 | Ages 18+ Instructor: PGA Head Professional Colin McKern

Register via www.lessoncalendar.com/mckerngolf or email colin.mckern@cityofmobile.org

JUNIORS CLINICS

Azalea City Golf \$25 (\$30 one-time fee) | Ages 6-14 Instructor: LPGA Professional Shirley Walker-Yeager

Register via email squirleyshirley@gmail.com

MICHAEL BRISBANE GOLF

Instructor: PGA Director of Instruction Michael Brisbane

Register via www.michaelbrisbanegolf.com or via email michael@michaelbrisbanegolf.com

TOURNAMENT CALENDAR

JANU/	ARY————
9	SOUTHERN SENIORS 8:30AM
	AZALEA CITY MEN'S CLUB MONTHLY 9AM
FEBRU	ARY ———
	SUPER BOWL TOUGHMAN SCRAMBLE 11:30AM
	AZALEA CITY MEN'S CLUB MONTHLY 9AM
17 & 18	SNEAD STATE JUNIOR COLLEGE INVITATIONAL TEE TIMES
MADO	н
	AZALEA CITY MEN'S CLUB MONTHLY 9AM
	PLAYING ABILITY TEST TIME TBA
	MORNING STAR 8:30AM
24 & 25	AZALEA CITY HIGH SCHOOL INVITATIONAL TEE TIMES
APRIL	
3	HOME BUILDERS ASSOCIATION SCRAMBLE 1PM
	ST. IGNATIUS SCRAMBLE 1PM
11	ST. DOMINIC'S SCRAMBLE 1PM
26	AZALEA CITY FOUR BALL 8:30AM
MAY-	
	SOUTHERN SENIORS TIME TBA
	UNDER ARMOUR JUNIOR TOUR 2PM
	AHSAA SUB MORNING TEE TIMES
	AGA STATE AM QUALIFYING TIME TBA
	PGA PRO AM 9AM

AMENITIES

GOLF PRO SHOP

Hours: M-Su | 6:30am-6pm | (251) 208-5150

Visit the Azalea City Golf Pro Shop for all of your golf equipment needs. Shop a variety of name brands, including Titleist, Bridgestone, TopGolf Callaway, FootJoy and Srixon. We also carry a selection of golf balls, clubs, bags, shoes and accessories at competitive prices.

AZALEA CITY GRILL

Hours: M-Su | 7:30am-3pm | (251) 208-5157

Dine in or take out at the new Azalea City Grill, open daily for breakfast and lunch, and offering treats such as breakfast biscuits, loaded salads, crispy chicken fingers, juicy burgers and more. No outside beverages or food allowed. Coffee, fountain drinks and alcoholic beverages are also available. See our full menu on page 44!

AZALEA CITY GOLF COURSE ACTIVITY GUIDE | 37



TENNIS CENTERS

GENERAL MANAGER

Scott Novak

scott.novak@cityofmobile.org

MOBILE TENNIS CENTER

851 Gaillard Drive, Mobile, Al 36608 (251) 208-5181 Hours: M-Th | 8am-9pm F-S | 8am-5pm Su | 9am-5pm https://www.mobiletenniscenter.net/

Certified Teaching Pros are available for lessons at Mobile Tennis Center. Please contact our front desk at (251) 208-5181 for more information or visit us online.

MOBILE TENNIS CENTER PRO SHOP

Hours: M-Th | 8:30am-6:30pm F | 8:30am-1:30pm. Be sure to stop by our Pro Shop for all of your tennis needs!

COTTAGE HILL TENNIS CENTER

1711 Hillcrest Rd., Mobile, AL 36695 (251) 666-9539 Hours: M-Th | 8-11am, 5-9pm Fees: \$4/Day, \$5/Night

Individual or group tennis lessons for all ages are offered at Cottage Hill Tennis Center. Contact teaching pros for available time and rates.
Elaine Campbell I (251) 604-4941

TENNIS CENTER 180 Lyons Park Avenue,

LYONS PARK

180 Lyons Park Avenue, Mobile, AL 36604 (251) 694-1830 | Fax: (251) 690-7730 Hours: M-Th | 3-9pm | S | 8am-1pm Fees: \$4/Day, \$5/Night

Individual or group tennis lessons for all ages are offered at Lyons Park Tennis Center. Contact teaching pros for available time and rates.

James Richardson | (251) 391-6685 Lance Deleston | (251) 648-2925

FOLLOW US ON SOCIAL MEDIA!

@MOBILETENNISCENTER

WANT TO GET BETTER AT TENNIS? SIGN UP FOR LESSONS WITH ONE OF OUR CERTIFIED TEACHING PROS!



Hans Laub 251-605-3528



Pierre Hall 251-321-7666



Matthew Brooks 251-289-8752



Peyton Hickman 251-377-4181



Johnathon Ames 251-463-9170



Whitsett Herring 251-554-3464



Tahire El-Zare 251-243-2335



Raul Malaver 228-547-9623



Elaine Campbell 251-604-4941



Sebastien Torres 787-949-2896

JUNIOR PROGRAMS

MIGHTY MIGHTS

Mobile Tennis Center | \$70 | Age 5 Session 1: M/W | 1/6 - 1/29 | 3:30 - 4pm Session 2: M/W | 2/17 - 3/19 | 3:30 - 4pm

Session 3: M/W | 4/1 - 5/6 | 3:30 - 4pm The fundamental skills of tennis for children aged 5 will be taught. They will continue to

aged 5 will be taught. They will continue to develop these skills throughout the clinic session.

8 & UNDER CLINIC

Mobile Tennis Center | $$110 \mid Ages 6-8$ Session 1: M/W | $1/6 - 1/29 \mid 4 - 5pm$ Session 2: M/W | $2/17 - 3/19 \mid 4 - 5pm$

Session 3: M/W | 4/01 - 5/6 | 4 - 5pm

This is a beginner clinic for children aged 6-8 on a 36' court while playing with red balls. This is a great place to start and learn the game of tennis.

10 & UNDER CLINIC

Mobile Tennis Center | \$110 | Ages 9-10 Session 1: T/Th | 1/7 - 1/30 | 5 - 6pm Session 2: T/Th | 2/18 - 3/20 | 5 - 6pm

Session 3: T/Th | 4/2 - 5/6 | 5 - 6pm

This is a beginner clinic for children aged 9-10 on a shorter court (36') with an orange ball. This clinic is designed to improve upon previously learned skills.

11 & UP CLINIC

Mobile Tennis Center | $$110 \mid Ages 11-18$ Session 1: T/Th | $1/7 - 1/30 \mid 4 - 5pm$ Session 2: T/Th | $2/18 - 3/20 \mid 4 - 5pm$

Session 3: T/Th | 4/2 - 5/6 | 4 - 5pm

This beginner clinic is for kids aged 11-17 played on a full-sized court (60') with regular balls. This clinic is geared to enhance your tennis skills.

INTERMEDIATE JUNIOR CLINIC

Mobile Tennis Center \$30 every Session | Ages 8-18

T/Th | 1/7 - 5/22 | 6 - 8pm

This clinic is for kids who have previously gone through our beginner clinics. Kids will learn more enhanced tactics for the sport of tennis. Contact Raul Malaver at (228) 547-9623 for more information.

ADVANCED JUNIOR CLINIC

Mobile Tennis Center \$30 every session | Ages 8-18 M/W | 1/6 - 5/21 | 6 - 8pm

S | 1/11 - 5/17 | 10 - 12pm

This is an Elite Program, and instructor permission is required for admission. These players have proficient skills in the sport of tennis. Contact Raul Malaver at (228) 547-9623 for more information.

VISIT OUR WEBSITE!

MOBILETENNISCENTER.NET

ADULT PROGRAMS

READY TO LEARN

Mobile Tennis Center | \$40 | Ages 18+ Session 1: W | 1/6 - 1/29 | 6 - 7pm Session 2: W | 2/17 - 3/19 | 6 - 7pm

Session 3: W | 4/1 - 5/6 | 6 - 7pm

This program is for players with no tennis experience, limited play with no instruction, or a past player with no current play.

SET TO PLAY

Mobile Tennis Center | \$40 | Ages 18+ Session 1: W | 1/6 - 1/29 | 7 - 8pm Session 2: W | 2/17 - 3/19 | 7 - 8pm Session 3: W | 4/1 - 5/6 | 7 - 8pm

This program is for people who have completed Ready to Learn beginner programs or are a recreational player.

ADULT INTERMEDIATE CLINIC

Mobile Tennis Center | \$60 | Ages 18+ Session 1: M | 1/6 - 1/27 | 7 - 8pm Session 2: M | 2/17 - 3/17 | 7 - 8pm

Session 3: M | 4/7 - 5/5 | 7 - 8pm

This is an intermediate-level clinic for the adult player. Our pros will continue to develop the skills used for the intermediate-level player.

ADULT BEGINNER CARDIO CLINIC

Mobile Tennis Center | \$60 | Ages 18+ Session 1: W | 1/8 - 1/29 | 6 - 7pm Session 2: W | 2/19 - 3/19 | 6 - 7pm

Session 3: W | 4/9 - 5/7 | 6 - 7pm

This clinic is designed to raise your heart rate while working on your beginner-level skills.

ADULT INTERMEDIATE CARDIO CLINIC

Mobile Tennis Center | \$60 | Ages 18+ Session 1: W | 1/8 - 1/29 | 7 - 8pm

Session 2: W | 2/19 - 3/19 | 7 - 8pm

Session 3: W | 4/9 - 5/7 | 7 - 8pm

This clinic is designed to raise your heart rate while working on your Intermediate level skills.

ADULT STROKE PROGRESSION

Mobile Tennis Center \$20 per session | Ages 18+

Th | 1/9 - 5/22 | 7 - 8pm

This clinic will focus on getting your ground strokes, serve, and volleys complete with correct technique along with learning beginner/intermediate singles and doubles match play to progress into league play.

ADULT SATURDAY MORNING

Mobile Tennis Center \$20 per session | Ages 18+

S|1/11 - 5/17 | 9 - 10am

This is an adult clinic on Saturday mornings to help work on improving and developing your skills in the sport of tennis. Contact Raul Malaver at (228) 547-9623 for more information.

SPECIAL EVENTS

SERVE IT UP WITH LOVE

Su | 4/6 | Juniors | 2 - 5pm

Tu | 4/8 | Adults | 8am - 12pm

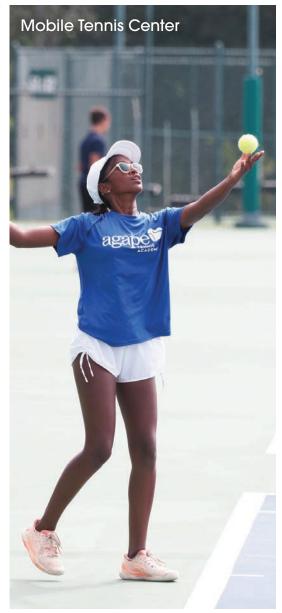
The Annual Serve It Up With Love Tennis
Tournament is a tennis benefit for the Child
Advocacy Center. This is the largest charity
tennis tournament in the state of Alabama.
Last year, we raised over \$140K in proceeds to
help fund services for abused children. We are
looking forward to this year's event!

NATIONAL TENNIS MONTH

Get ready to serve up some fun because May is National Tennis Month! Whether you are new to the game, an experienced player or you're coming back after some time away, get moving and join in the celebration of the world's healthiest sport.

NAIA SCHOOL VISITS

M-Th | 5/11-5/12 | 7:45am - 3pm All NAIA Teams that compete in the NAIA National Tennis Championship will teach tennis in various Mobile County school's PE programs.



TENNIS CENTERS ACTIVITY GUIDE | 39



EVENTS MANAGER

JeNyia Rocker

jenyia.rocker@cityofmobile.org (251) 208-1558

LODA ARTWALK

Downtown Mobile | Free | All ages

F | 1/10, 3/14, 4/11, 5/9| 6 - 9pm Ready for a night out that's fun, free, and perfect for all ages? Join us at LODA ArtWalk! This vibrant event is all about bringing the community together through the magic of art. Wander through downtown as galleries, studios, and unique shops throw open their doors to showcase the incredible talent of local artists. Enjoy live music that fills the streets, discover amazing art, and let the kids' creativity run wild in the Kids Zone. From dynamic performances to diverse vendors and mouthwatering food options, there's something for everyone. Don't miss this opportunity to connect, explore, and celebrate our city's rich cultural scene!

LODA ARTWALK 2025 CELEBRATES:

1/10 National Puzzle Day 3/14 National Craft Month 4/11 National Pet Day 5/9 National Scavenger Hunt Day

STAY CONNECTED!

Follow us on social media for the latest updates and details! Want to showcase your artwork? Reach out to any participating art gallery to find out how. @LODAartwalk #LODAartwalk

ARTWALK ZONES

Get ready to explore these exciting zones during ArtWalk night!

KIDS ZONE - This is the ultimate stop for family fun! Featuring a new themed art activity every month, you'll find games, inflatables, photo ops, arts and crafts, costumed characters, face painting, caricature artists, and so much more. You won't want to miss the fun on N. Claiborne St., between Dauphin St. and St. Francis St.

PERFORMANCE ZONE - Located at Dauphin St. and Hamilton St., this zone is where the energy comes alive! Enjoy performances from local arts groups every hour, starting at 6 pm. With three different groups showcasing their talents at 6, 7, and 8 pm, there's something new every month! Want to perform? Visit mobilearts.org/art-walk/ for more info!

NON-PROFIT ZONE - Non-profits, this one's for you! Set up and connect with the community in our Non-Profit Zone, located on S. Claiborne St. between Conti St. & Dauphin St. Apply for a spot at the next LODA Art Walk by visiting MPRD recdesk.com and searching for 'artwalk.'

LIGHTING OF THE **MARDI GRAS TREE**

Mardi Gras Park | Free | All ages Th | 1/9 | 6 - 8pm

Start the Mardi Gras season with a celebration you won't want to miss! Bring your family and friends to experience the thrill of a live brass

band showcase and witness the dazzling moment when we light up the Mardi Gras tree at 6:30pm. Come out and be part of the fun, music, and magic that marks the beginning of the season!

BLACK HISTORY MONTH CELEBRATION

National Maritime Museum of the Gulf of Mexico | Free | All ages S|2/1|2-5pm

Join us for a vibrant celebration of Black History Month, honoring the significant contributions of African Americans in labor and the workforce. This event will feature engaging activities that highlight the impact of Black individuals in shaping labor movements, industries, and communities throughout history. It's a time to come together, learn, and recognize the dedication and resilience that have paved the way for progress. Everyone is welcome—let's celebrate this inspiring month and the spirit of hard work that continues to shape our future!



40 I ACTIVITY GUIDE CITY EVENTS

ROLL MOBILE

Downtown Mobile | Free | All ages

F | 3/14, 5/9 | 6 - 9pm Slip on your skates and join us for a fun-filled roll through the streets of Mobile around Bienville Square! It's going to be an electrifying evening of skating, music, and nonstop fun you won't want to miss. Enter at the corner of Conception St. and Dauphin St. This event features special skate times — Kids Only from 6:00 to 7:30pm and Adults Only from 7:30 to 9:00pm. Plus, the first 50 people get FREE skate rentals, complete with roller skates, socks, and safety gear from Pop-Up Skate Rental! Please note that skateboards, scooters, hover boards, and bicycles are not allowed. Let's make it a night to remember! #RollMobile

KIDS DAY

Lavretta | Free | Ages 12 and under

S | 3/15 | 10am - 1pm Jump into a world of color and joy at our Holi Kids Day celebration! Get ready for nonstop fun with lively music, thrilling games, and all the vibrant colors of Holi! Enjoy tasty treats from our food vendors, explore unique finds from local sellers, and dive into activities that will keep everyone smiling. Whether you're tossing colors or dancing to the beats, there's something for every age to enjoy. Bring your friends, family, and all your energy—let's make this a Holi to remember!

WOMEN HISTORY **MONTH CELEBRATION**

National Maritime Museum of the Gulf of Mexico | \$10 | All ages S|3/27|6-8pm

Be a part of this inspiring celebration as we honor the incredible achievements of women with this year's empowering theme: "Moving Forward Together! Women Educating & Inspiring Generations." This event is about recognizing the women who have shaped our past and continue to inspire future generations. Enjoy activities, stories, and discussions that highlight the educators, leaders, and trailblazers who have paved the way for progress. Let's come together to learn, share, and move forward!

KITES OVER MOBILE + SPRING FLING

USS Alabama Battleship Park Free | All ages S | 4/19 | 10am - 5pm Su | 4/20 | 12 - 5pm

Get ready for a soaring adventure at the 5th Annual Kites Over Mobile! Watch breathtaking kite-flying demonstrations, marvel at stunning show kite displays, and even get your kite repaired at our kite hospital. Bring your own kite or grab one on site, and let's fill the sky with color! The day will be packed with family fun, including face painting, live performances, an Easter egg hunt, and a special visit from the Easter Bunny. So, bring your kites, chairs, blankets, and Easter baskets, and let's make it

SPRING MARKET IN THE PARK

Cathedral Square | Free | All ages S | 5/3-5/31 | 7:30am - 12pm

Start your Saturday mornings with Market in the Park - the perfect place to find fresh, local goods and unique treasures! From May 3 to May 31, 7:30 a.m. to Noon, explore an exciting variety of local artisans, farmers, and more. Shop for fresh fruits, vegetables, seafood, baked goods, jams/jellies, original art, home decor, and so much more! Support local vendors and enjoy a vibrant community atmosphere. Interested in becoming a vendor? Contact us at events@cityofmobile.org for more details. Shop local, eat fresh, and enjoy the best of Mobile!

GULF COAST GROOVES

Mardi Gras Park | Free | All ages S|5/31|6-9pm

Gulf Coast Grooves is a high-energy concert showcasing a variety of music genres in a fun, family-friendly atmosphere. Featuring local and regional artists, this event promises dynamic performances that will have you on your feet. Grab your lawn chairs, bring your friends, and enjoy a night of incredible live music, and an electric atmosphere the whole family can

FOLLOW US ON SOCIAL MEDIA!

@CITYOFMOBILEEVENTS



Music Lessons

With Mobile Legend
Theodore Arthur

Mondays | Woodwinds at Figures | 5-6:30PM Tuesdays | Guitar at Dotch | 5:30-7:30PM Wednesdays | Piano at Dotch | 5:30-7:30PM Thursdays | Guitar at Springhill | 5-6:30PM

\$45 Per 4-Week Session

Questions: 251-422-4009

Sign Up Today! MPRD.recdesk.com

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The City of Mobile Parks and Recreation Department

is looking for volunteers to help with a variety of opportunities. From park cleanup and senior assistance to sports coaches or collecting tickets at large events, there's something for everyone!

VOLUNTEER OPPORTUNITIES

- Events Volunteer
- Recreation Centers
- Tennis Volunteers
- Senior Centers
- Therapeutics
- Youth Coaching/Tutoring

WHERE TO START?

- Determine your level of involvement. Do you want to volunteer for a few hours or do you wish to be involved in a program over an extended period? **Mobile Parks and Recreation** has several volunteer opportunities such as: one-time only, ongoing roles and special event opportunities.
- 2. Once our **Volunteer Coordinator** receives your application, you will be contacted for an interview.
- 3. Training will be provided on-site.

REQUIREMENTS

- Must be at least 16 years of age
- Provide your own transportation
- Friendly personality
- Flexible availability
- Background check is required for everyone (except one time only Large Event volunteers).





Scan the QR code to visit our website and learn more!





Try out the newly opened Azalea City Grill! Open for breakfast and lunch, Monday through Sunday from 7AM until 3PM, their menu is packed with delicious eats, including hearty breakfast biscuits, loaded salads, sandwiches, wraps and more! Breakfast is served from 7AM until 10AM.

Azalea City Golf Course | 1000 Gaillard Dr, Mobile, AL 36608

— DINING FACILITIES —



Grace Cafe offers delicious and affordable meals for breakfast and lunch, all under \$10. They are open Monday through Friday at Connie Hudson Senior Center from 7AM until 2PM, with breakfast ending at 10:00AM and lunch beginning at 10:30AM.

Connie Hudson Senior Center | 3201 Hillcrest Rd. Mobile, AL 36695

SCHEDULE CHANGES & CANCELLATIONS

Our best effort was made to provide you with the most accurate information at the time of printing, however, please note that schedules and fees are subject to change. We reserve the right to cancel, amend, change, postpone, or combine classes/activities that are listed in this guide. Thank you for understanding!

Sign up to get City of Mobile Parks & Recreation updates directly on your phone via text message!

Want to stay up-to-date on MPRD programs, activities, events, and more! Text MOBILEPARKS to 91896 to sign up for text alerts!

Have a guestion? Get started by texting your question or the word "Hi" to 251-220-2122. Message and data rates may apply. Check with your carrier for more details. For more information, visit www.cityofmobile.org/textmygov/.





MOBILE 311

Mobile 311 is dedicated to serving the citizens of Mobile by helping to solve problems, obtain information and submit your request for service. We offer two means of submitting a request: online and via phone. To submit your request by phone, dial 311 or (251) 208-5311. To submit your request by email, mobile311@cityofmobile.org.



MOBILE KAYAK RENTAL COMPANY

Located at Dog River Park 2458 Dog River Park Dr. Mobile, AL 36604

Open March 1 through November 30 From 7am to 7pm daily

Mobile Kayak Rental offers kayaking adventures for adults, youth, and small children, welcoming both locals and tourists alike. We're conveniently set up in Mobile, AL, at Dog River Park near the boat and jet ski launch area, in partnership with the City of Mobile Parks & Recreation Department.

Why Dog River Park?

The City of Mobile has beautifully maintained Dog River Park to create a serene, family-friendly environment perfect for outdoor activities. The park features lush green lawns, an updated playground, basketball courts, and a little league football field. It's also equipped with clean restrooms, ample parking for cars, boats, and golf carts, as well as a dedicated fishing bank. For gatherings, there's an inviting pavilion, open green spaces for picnics, shaded pergolas with seated swings, and a waterfront view that's simply stunning. Ice cream and smoothie trucks often stop by, offering a "sweet treat" for all ages!

More Access, More Adventure

In addition to Dog River Park, we deliver kayaks to other scenic spots across Mobile, including Langan Municipal Park, Schwartz Park, and Lake Tricentennial. By rotating locations, we aim to make kayaking accessible to families, tourists, waterfront property owners, and everyone eager to explore the great outdoors in Mobile County.



Scan the QR code to book your kayak today!



LICENSES & PERMITS

Thank you for your interest in doing business in our historic port city! A valid City of Mobile business license is required for any company or person engaged in business within the corporate limits as well as the police jurisdiction. As a vendor participating in an event, you are required to acquire a business license. This is an annual license which expires on December 31 for the calendar year in which it is issued.

THE INITIAL PEDDLERS LICENSE INCLUDES: THE INITIAL FOOD TRUCK LICENSE INCLUDES:

License	\$ 50.00	License	\$120.00
Tax Deposit	\$ 70.00	Issue Fee	<u>\$ 10.00</u>
Issue Fee	<u>\$ 10.00</u>	Total	\$130.00
Total	\$130.00		
A 1/2 year licenso \$70 deposit and	e (starting July 1st) is \$25 license, \$10 issue fee.	, ,	nse (starting July 1st) fee and \$10 issue fee.

YOU CAN APPLY FOR YOUR BUSINESS LICENSE IN-PERSON AT:

City of Mobile, Revenue Department 205 Government Street, 2nd Floor, S. Tower Mobile, Alabama 36652 251-208-7462, Option 1

OR ONLINE: https://www.cityofmobile.org/government/revenue/business-license-application/

TO OBTAIN A BUSINESS LICENSE YOU WILL NEED TO PROVIDE THE REQUIRED DOCUMENTATION:

FOR A SOLE PROPRIETOR:

- Copy of your government issued photo ID or valid driver's license.
- Signed Citizenship form located at: https://www.cityofmobile.org/government/revenue/revenue-forms-and-applications/

FOR A LLC, CORPORATION OR NON-PROFIT:

- Copy of the owner's/officer's current government issued photo ID or valid driver's license.
- Copy of your article of formation stamped/recorded by probate court including certificate.

FOOD TRUCK VENDORS ARE REQUIRED TO HAVE:

- Board of Health Clearance
- Fire Inspection Report
- MPRD Park Permit [if operating within a city park]

YOU CAN APPLY FOR YOUR MPRD PARK PERMIT:

- In Person: 48 N Sage Ave, Mobile, AL 36607
- Or online at MPRD.RecDesk.com

LICENSES & PERMITS ACTIVITY GUIDE | 47



SCIENCE TECHNOLOGY RECREATION ENGINEERING ART MATH

MARCH 15 | APRIL 19 | MAY 23 AVAILABLE AT SELECT CENTERS FROM 9-11AM

MAKE A SPLASH WITH OUR NEW STREAM SATURDAYS! IT WILL HAVE ALL THE INTERACTIVE SESSIONS COVERING SCIENCE, TECHNOLOGY, ENGINEERING, AND MATH THAT YOU ARE USED TO IN ADDITION TO EXCITING NEW RECREATION AND ART ACTIVITIES!

KEEP AN EYE ON OUR SOCIALS AS WE REVEAL THE THEMES AND LOCATIONS CLOSER TO THE DATES. ALL STREAM EVENTS ARE FREE FOR STUDENTS AGES 5–13.



SCAN THE QR CODE TO VISIT MPRD.RECDESK.COM AND PRE-REGISTER TODAY! LIMITED SPOTS ARE AVAILABLE.

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BUSH PARK													
COOPER RIVERSIDE PARK													
CRAWFORD MURPHY PARK													
CRESTVIEW PARK													
DENTON PARK													
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DOG RIVER PARK													
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HACKMEYER PARK													
HARMON-THOMAS PARK													
HELEN WOOD PARK													
HENRY AARON PARK													
HEROES PARK													
HILLSDALE PARK													
JOE A BAILEY PARK													
JOHN KIDD PARK													
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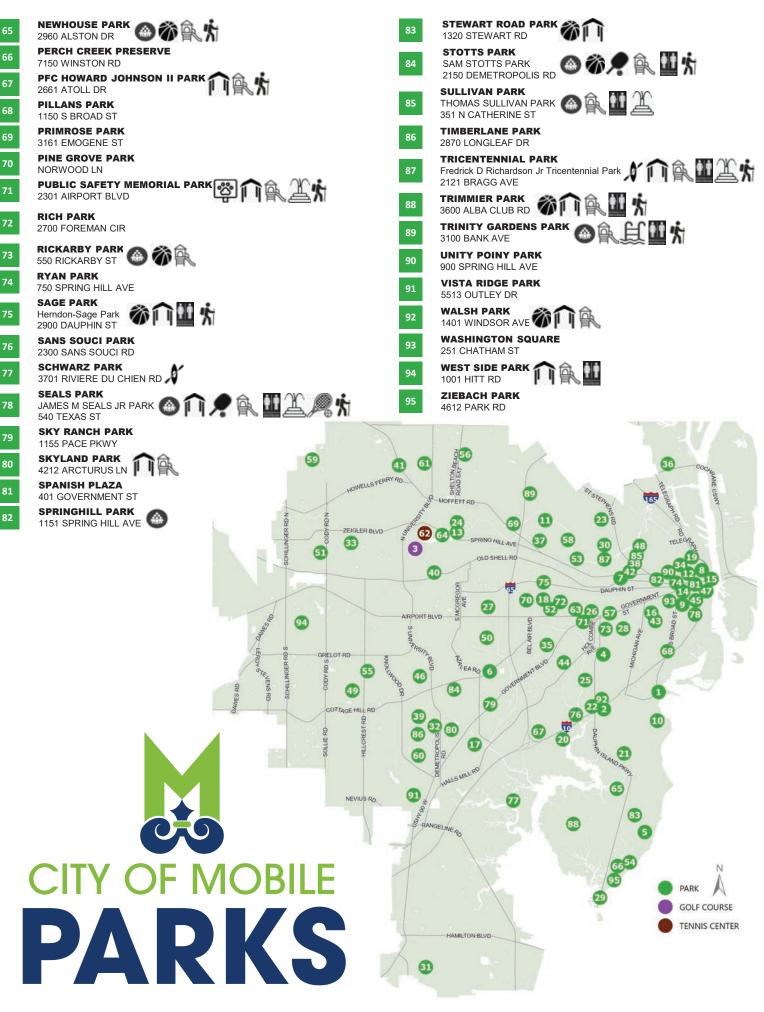




























NEW YEAR'S RESOLUTIONS

Mobile Parks and Recreation is here to help you meet all of your 2025 New Year's Resolutions!



Have you always wanted to learn to play Pickleball? Bring your paddles out to one of our newly renovated Pickleball courts and be on the lookout for Pickleball clinic announcements! See page 22 for a full listing of Pickleball court locations.

Looking for new ways to meet your fitness goals and have fun at the same time? Check out the MPRD Fitness Calendar on page 19 for a list of exciting fitness events taking place this Spring!





Have you been seeking ways to give back to your community? Now is a great time to join our Patriot Volunteers. Whether assisting at one of our many events or taking on the initiative of adopting a park, MPRD has plenty of opportunities for you to do more for your community! Learn more on page 42.

Pick up a new hobby or skill this year! Learn to sew, knit and crochet at Hope Community Center, attend a sign language class at Hillsdale Community Center or learn to play an instrument with one of our many music classes!





Now is the time to finally sign up for those golf and tennis lessons you have been putting off! Visit the Azalea City Golf Course and Mobile Tennis Centers to take lessons from one of our many professionals.

Happy New Year, Mobile!